

ANNUAL HEALTH REPORT

FIRST QUARTER (2081)



RAM KUMAR SARADA UMA PRASAD
MURARKA PROVINCIAL HOSPITAL

LAHAN -3, SIRAHA

Preface from the Medical Superintendent



It is with great pride that we present our **First Annual Health Report**. This report marks an important milestone for our hospital as we reflect on the services we have provided, the challenges we have overcome, and the progress we have made in delivering quality healthcare to our community. Over the past year, our dedicated team of doctors, nurses, and healthcare professionals has worked tirelessly to offer a wide range of medical services, from emergency care to specialized treatments, ensuring that every patient receives compassionate and comprehensive care.

As we continue to grow, we are committed to strengthening and expanding our services. With plans to enhance our infrastructure, introduce advanced medical technologies, and further develop our team of skilled professionals, we aim to provide even better care in the years to come. We are focused on delivering exceptional healthcare that meets the needs of our patients, and we will continue to invest in our people and resources to ensure we remain at the forefront of medical excellence.

The journey ahead is one of growth and improvement, and we are excited about the opportunities that lie ahead. I extend my heartfelt gratitude to our dedicated staff and the community for their continued support, and we look forward to serving you with even greater dedication in the future. Together, we can build a healthier tomorrow.

Dr. Brijendra Sah

Consultant Radiologist

Medical Superintendent

Ram Kumar Sarda Uma Prasad Murarka provincial hospital, Lahan

Message from the Hospital Development Committee



Greetings!

We warmly welcome you to the first annual report of our hospital. This report highlights the progress we have achieved, the services we provide, and our plans and goals for the future.

Our mission is to make healthcare effective, high-quality, and accessible to all. With the dedicated efforts of the Hospital Development Committee and the entire team, we have consistently provided excellent healthcare services to the community, overcoming various challenges along the way.

We extend our heartfelt gratitude to all our members, service users, and the community for their active support and cooperation in making this progress possible. Moving forward, we aim to expand our services and focus on enhancing their quality.

Let us come together to build a healthier, more prosperous, and inclusive society.

Thank you.

Satrudhan Mandal

Chairperson

Hospital Development Committee

Message from Dr. Shailendra Chaudhary, MD Gynecology and Obstetrics



As we reflect on the past year in our annual health report, I am proud to highlight the significant strides we have made in providing comprehensive gynecological and obstetric care at Lahan Provincial Hospital. Our commitment to women's health has driven us to enhance our services, ensuring safe pregnancies, effective reproductive health education, and access to safe abortion services, all while prioritizing patient safety and satisfaction.

This report not only showcases our achievements but also outlines the challenges we face and our plans for future improvements. Together, we can continue to advance the quality of care we provide, fostering a healthier community for all women and families.

Warm regards,

Dr. Shailendra Chaudhary

MD Gynecology and Obstetrics

Message from Dr. Akash Raut, Medical Officer & Editor of the First Annual Report



As I sit down to write this message for our hospital's very first **Annual Report**, my heart is filled with a deep sense of gratitude and reflection. The past two years spent here at this hospital have been a journey of growth, learning, and profound emotional connection. This hospital has not only been a place where I have practiced medicine, but it has also been my second home, shaping me both as a professional and as an individual.

In these two years, I have learned far more than I could have imagined when I first joined. Every patient I have treated, every case I have handled, and every challenge we have faced as a team has taught me valuable lessons about compassion, resilience, and the power of human connection. I have witnessed the incredible strength of our patients and the selflessness of our healthcare team, and these experiences have profoundly impacted my outlook on life and medicine.

The hospital, with its dedicated staff and supportive environment, has shown me that true healthcare goes beyond just treating the body – it's about treating the person as a whole, understanding their struggles, and offering them hope. I will forever be indebted to this institution for the invaluable experiences and teachings it has provided me.

Being part of this hospital's growth and success has been an honor. We have come a long way, and I firmly believe that our journey towards becoming an even better institution is just beginning. I am confident that, with the continued efforts of each and every team member, our hospital will not only grow in terms of infrastructure and services but will also continue to touch the lives of countless people in meaningful ways.

As the editor of this report, I feel privileged to reflect on and share the strides we've made so far. I sincerely hope that this report serves as a testament to the hard work, dedication, and commitment of every individual who has contributed to the success of this hospital. Here's to a future of even greater achievements, with a heart full of gratitude for everything that has shaped us into who we are today.

Thank you to my colleagues, mentors, and patients who have made this journey unforgettable. I look forward to the years ahead, committed to serving, learning, and growing with this Hospital.

With deep respect and gratitude,

Dr. Akash Raut

Medical Officer & Editor

Message from Dr. Puja Shah, Co-Editor of the First Annual Report



It is with great pride and gratitude that I present this inaugural Annual Report for Lahan Hospital. As a dedicated member of the medical community, I have witnessed firsthand the remarkable strides our hospital has made in providing quality care to the people of Lahan and beyond. This report is a reflection of our commitment to excellence, innovation, and compassion in healthcare.

As a co-editor of this report, I am honored to contribute to documenting our hospital's journey, achievements, and milestones over the past year. This document highlights the efforts of our skilled healthcare professionals, staff, and community partners who work tirelessly to improve the health and well-being of our patients.

Looking forward, we remain focused on continuous improvement and on strengthening the bonds that make Lahan Hospital not just a place of care, but a center of hope and healing.

Thank you for your unwavering support, and I am excited for what we will accomplish together in the years to come.

Warm regards,

Dr. Puja Shah

Co-Editor, Annual Report

Message from Dr. Sumit Mandal, Medical Officer



As we present this annual health report, I would like to take a moment to acknowledge the dedication and hard work of our entire healthcare team at Lahan Provincial Hospital. This year has been marked by numerous challenges, yet our commitment to providing exceptional patient care has remained unwavering.

Our focus on continuous improvement, patient safety, and quality healthcare services has driven us to enhance our clinical practices and expand our service offerings. I encourage all staff to review this report carefully and reflect on our achievements as well as the areas where we can grow further. Together, we can continue to make a meaningful impact on the health and well-being of our community.

Thank you for your unwavering commitment to excellence in patient care.

Warm regards,

Dr. Sumit Mandal

Medical Officer

Executive Summary

This **First Annual Report** highlights the journey of our hospital, a dedicated healthcare provider in the region, which is currently registered as a 15-bedded facility but provides an extended service capacity of 63 beds. Despite our modest registration, we have continually expanded our services to meet the growing needs of our community, offering **multidisciplinary healthcare services** in a well-coordinated and compassionate environment.

Our hospital has achieved significant milestones in providing a wide range of essential services, including **emergency care, outpatient services, inpatient care, specialized diagnostics, and surgical interventions**. We pride ourselves on offering comprehensive healthcare, with specialized departments such as **internal medicine, gynecology, pediatrics, orthopedics, surgery, radiology, and anesthesia**, each staffed by experienced professionals committed to patient care.

We are particularly focused on expanding **maternal and child health services**, with specialized units such as the **Special Newborn Care Unit (SNCU)** providing **Level 2 neonatal care**. Our **maternity services** include normal, assisted, and **LSCS deliveries**, ensuring that every mother and child receives the attention they deserve. The hospital also provides essential services like **family planning, immunization, vaccination, blood bank, and 24-hour pharmacy**, all aimed at promoting health and well-being across various demographics.

In addition to clinical services, we emphasize **patient comfort and support**, with a **24-hour canteen, a small gym, and a park** for physical and emotional well-being. Our commitment to **infection control and sterilization** is reflected in our **CSSD (Central Sterile Services Department)**, ensuring that all medical equipment is sanitized and safe for use.

Despite the hospital's initial limitations in terms of bed capacity, we are able to deliver these services efficiently through careful management, collaborative teamwork, and the unwavering dedication of our staff. We continue to aim for the highest standards in patient care, with the goal of expanding our services and infrastructure in the coming years to meet the ever-growing demands of our community.

This report also outlines the hospital's commitment to **continuous improvement**, with plans to enhance existing services, introduce new specialties, and strengthen infrastructure to ensure that our patients receive the best possible care in a comfortable and modern environment.

In conclusion, as we look ahead, we are optimistic about the future and remain committed to our mission of providing quality healthcare, fostering wellness, and improving the lives of our patients.

Table of Contents

Preface From Medical superintendent	2
Message from president of the Hospital Development committee.....	3
Dr. Shailendra Chaudhary, MD Gynecology and Obstetrics.....	4
Preface from Dr. Akash Raut , Medical officer.....	5
Preface Message from Dr. Puja Sah. , Medical Officer.....	6
Preface Message from Dr. Sumit Mandal, Medical Officer.....	7
EXECUTIVESUMMARY	8
Abbreviations.....	11
Organogram	13
DISTRICT PROFILE	14
General introduction of Lahan	15
Administrative division of Lahan	16
Most famous tourist places of the Lahan	17
Health and Hospital.....	18
Functions of Hospital Administration.....	19
Functions of hospitals	20
National Health policy and programs	21
HOSPITAL INTRODUCTION	23
Emergency Department	24
Out Patient Department	25
LaboratoryDepartment.....	27
Maternity Department.....	29
Inpatient Ward.....	30

Indoor/Ward	31
Operation Theater(Surgical)	32
Store Department	34
CSSD	35
Administration	36
Radiology	37
Miscellaneous	39
<u>SERVICE PARAMETERS</u>	
Emergency services.....	41
Obstetric services.....	43
Family planning	50
Orthopaedics	53
General surgery.....	55
Pediatrics	57
SNCU.....	59
Dental	62
ART services.....	63
Laboratory.....	68
Miscellaneous	69
OPD services	70
Medicolegal and OCMC	73
ARV	74
Social service unit	76
Staffing	78
Key events	83s

ABBREVIATIONS

APH	:- Antepartum hemorrhage
ARV	:- Anti- Rabies vaccine
ART	:- Antiretroviral Therapy
ATT	:- Anti- Tubercular Therapy
B.A.	:- Birth asphyxia
BP	:- Blood Pressure
CBC	:- Complete blood count
CPD	:- Cephalopelvic disproportion
CRP	:- C- Reactive protein
C/S	:- Cesarean Section
CSSD	:-Central Sterile Services Department
ECG	:- Echocardiography
EMR	:- Electronic medical record
ER	:- Emergency Room
F	:- Female
FD	:- fetal distress
HB	:- Hemoglobin
HbA1c	:- Glycated haemoglobin
HBsAg	:-Hepatitis B surface antigen
H. Pylori	:- Helicobacter Pylori
HIC	;- Hypoxic ischemic encephalopathy
HIV	:- Human immuno-deficiency syndrome
HR	:- Human Resources
IOL	:- Induction of labor
IPD	:- In-patient Department
IUCD	:- Intrauterine Contraceptive Device.
LAMA	:- Leave against medical advice
LBW	:- Low birth weight
LFT	:- Liver Function test

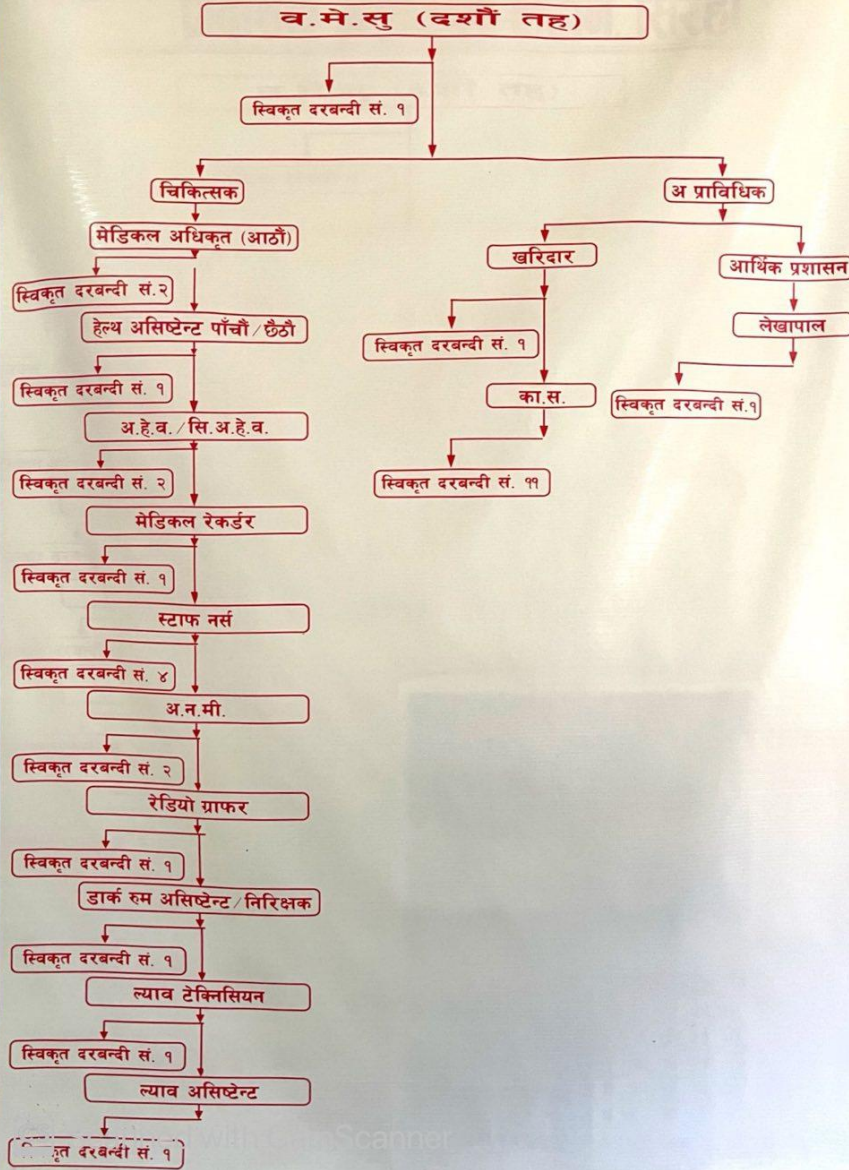
LSCS	:- Lower Segment Caesarean Section
M	:- Male
MAS	:- Meconium Aspiration syndrome
MDGP	:- Doctor of Medicine in General Practice
MINILAP	:- Mini- laparotomy
MVA	:- Manual vacuum aspiration
OB/GYN	:- Obstetrics and Gynecology
OPD	:- Outpatient Department.
OT	:- Operation theatre
PPH	:- postpartum hemorrhage
PT/INR	:- prothrombin time/international normalized ratio
PIH	:- pregnancy-induced hypertension
PMCTC	:- Prevention of Mother-to-Child Transmission
NNJ	:- Neonatal Jaundice
NPOL	:- non-progression of labor,
RFT	:- Renal function test
SNCU	:- Special Newborn Care Unit
TFT	:- Thyroid function test
UA	:- Uric acid
USG	:- Ultrasound
VDRL	:- Venereal Disease Research Laboratory
X-Ray	:-X-Radiation
24/7	:-24 hours a day, 7 days a week

Organogram of Hospital



मधेश प्रदेश सरकार
स्वास्थ्य जनसंख्या मन्त्रालय

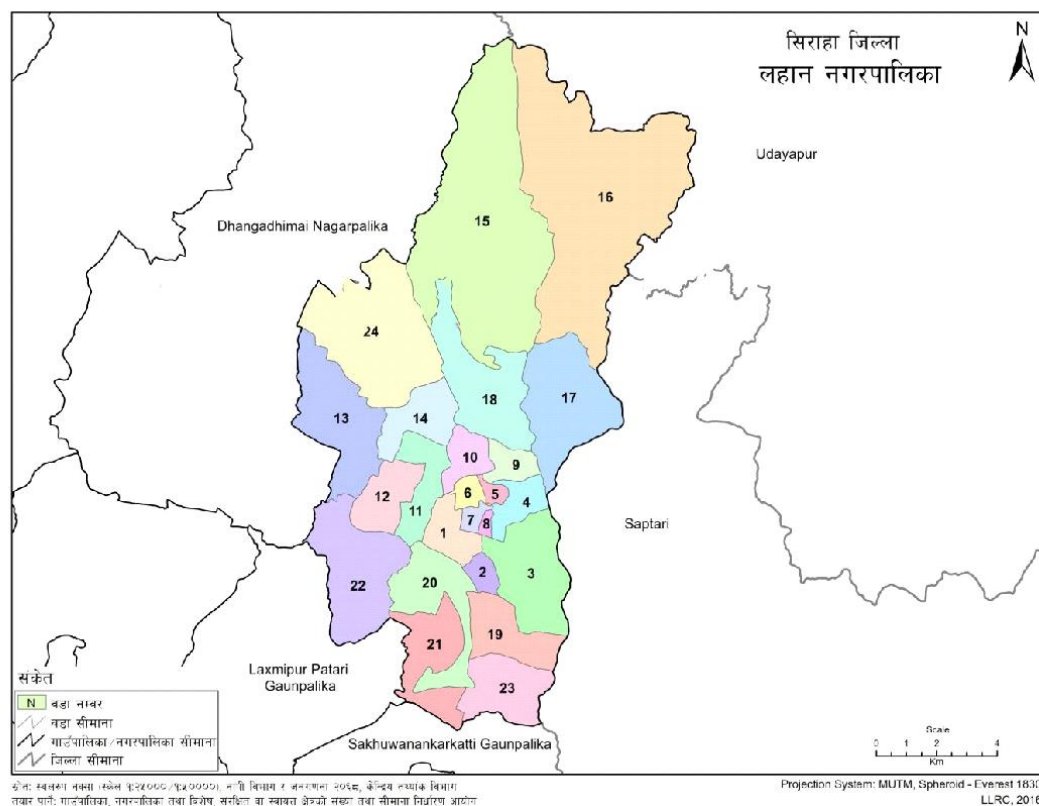
राम कुमार शारडा उमा प्रसाद मुरारका प्रादेशिक अस्पताल, लहान, सिरहा



CITY PROFILE

Lahan is a bustling town located in the Siraha District of Province 2, Nepal. It serves as the administrative and economic hub of the district, situated in the southeastern part of the country. Known for its vibrant culture and strategic location, Lahan is a vital gateway for trade and commerce between Nepal and neighboring India. . Lahan is the 36th densest municipality in the country, with a population of 102,031 spread out across 24 wards, the most wards of any Nepalese municipality.

The town is primarily known for its agricultural activities, with rice, sugarcane, and vegetables being the main crops produced in the surrounding areas. Lahan is also home to a diverse population, with people from various ethnic and religious backgrounds, contributing to its rich cultural heritage.



Lahan is well-connected by road to other major towns and cities in the region, making it a convenient stop for travelers. The town's infrastructure has been steadily improving, with modern amenities and services available to both residents and visitors. Due to its proximity to significant tourist destinations like Rajdevi Mandir and Rupani Waterfall, Lahan has become an emerging hub for tourism, attracting visitors interested in exploring both the natural beauty and cultural landmarks of the area.

With its growing importance in commerce, culture, and tourism, Lahan plays a key role in the development of the Siraha District and the broader southeastern region of Nepal.

Laukaha in India and the nearby town of Thadi which is 18 km south of Lahan in Nepal are a part of one of the agreed routes for mutual trade between India and Nepal. Lahan connects Thadi to the rest of Nepal.

Administrative Division of Lahan, Siraha, Nepal

Lahan is a key town in the Siraha District, which is part of Province 2, Nepal. The administrative division of Lahan and its surrounding areas follows the structure set by the local governance system in Nepal, which was restructured under the 2015 Constitution.

Here is an overview of the administrative division of Lahan:

- **District: Siraha**
 - Lahan is the district headquarters of Siraha, located in the southeastern part of Nepal. Siraha is one of the 14 districts in Province 2.
- **Municipality: Lahan Municipality**
 - Lahan is a municipality, and it serves as the administrative and economic hub of the area. Lahan Municipality is divided into several wards, each with its own local governance structure. The municipality is responsible for providing local services, infrastructure, and governance to the residents of Lahan.
- **Wards in Lahan Municipality:**
 - Lahan Municipality consists of multiple wards (usually 1 to 24 in total), each representing a small administrative unit. These wards are the fundamental units for local governance, with elected representatives responsible for managing community-level services and development programs.
- **Province: Province 2**
 - Lahan is situated in Province 2, one of Nepal's seven federal provinces. The province is administered by the Provincial Government of Province 2, with provincial offices responsible for overseeing key administrative functions, development projects, and coordination between local municipalities and the central government.
- **Surrounding Administrative Units:**
 - In addition to Lahan Municipality, the broader Siraha District is made up of other municipalities and rural municipalities (Gaunpalikas), each with its own local governing bodies. Some notable municipalities and rural municipalities near Lahan include *Golbazar Municipality*, *Mirchaiya Municipality*, and *Rajbiraj Municipality*.

Most famous places around Lahan

Lahan, a prominent city in the Siraha District of Province 2, Nepal, is surrounded by various natural, cultural, and historical landmarks that draw both local and international tourists. The following are notable tourist destinations near Lahan that contribute to the region's tourism appeal :

- **Rajdevi Mandir**

Rajdevi Mandir is a religious site located near Lahan, Siraha. This temple, dedicated to Goddess Rajdevi, is one of the most revered pilgrimage destinations in the region. The temple attracts hundreds of devotees and tourists, particularly during religious festivals such as Dashain and Teej. The lush green surroundings and the peaceful ambiance make it an ideal spot for both spiritual reflection and cultural exploration. Rajdevi Mandir holds great historical and cultural value for the local community, making it an essential part of the region's tourism circuit.



- **Salhesh Fulbari**

Situated a short distance from Lahan, Salhesh Fulbari is renowned for its natural beauty and cultural importance. The area is associated with the legend of Salhesh, a local hero and a significant figure in the Mithila culture. The site is a popular tourist destination, particularly for those interested in cultural heritage and folklore. Salhesh Fulbari offers visitors a glimpse into the traditional way of life in the region, with its serene landscape, temples, and cultural landmarks. It is an ideal location for tourists looking to explore the rich folklore of the Mithila community and enjoy the beauty of rural Nepal.



- **Hathidah**

Hathidah is a tranquil village located near Lahan, famous for its scenic beauty and historical significance. The village is known for its natural resources and rich agricultural lands, offering an authentic rural experience. It is also home to several ancient structures, including temples and historical sites, which make it a popular spot for cultural tourism. Visitors to Hathidah can enjoy the picturesque landscapes, visit the local temples, and immerse themselves in the traditional lifestyle of the region. Its peaceful environment makes it a perfect destination for those seeking a quiet and immersive getaway



HEALTH AND HOSPITAL

Health is a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity. It encompasses a wide range of factors including nutrition, lifestyle choices, environmental conditions, and access to healthcare services, which contribute to the overall well-being of individuals and communities.

Hospital is a healthcare institution that provides treatment, care, and services to individuals suffering from illness, injury, or other medical conditions. Hospitals are equipped with trained medical professionals, specialized facilities, and technology to diagnose, treat, and manage various health conditions. They also play a crucial role in the prevention of disease and the promotion of health through outreach programs, education, and early intervention.

The health and hospital sector plays a pivotal role in the overall development and well-being of society. A hospital serves as a cornerstone of public health, providing essential services ranging from emergency care to specialized treatments. In addition to patient care, hospitals are key in disease prevention, health education, and research, contributing significantly to improving life expectancy and quality of life.

Hospitals are vital in managing and responding to health crises, such as epidemics, natural disasters, and pandemics, ensuring that communities receive immediate and appropriate care. They also support public health by conducting screenings, immunization programs, and health awareness campaigns, thus reducing the burden of preventable diseases.

Furthermore, hospitals contribute to economic development by creating jobs, supporting local businesses, and reducing the societal impact of illness and disease. In the context of the annual health report, highlighting the hospital's contributions to improving healthcare access, patient outcomes, and the community's well-being is essential to demonstrate the institution's role in enhancing public health.

Functions of Hospital Administration

Hospital administration is a critical function within healthcare institutions, ensuring the smooth and efficient operation of the hospital while maintaining high standards of patient care and service delivery. The functions of hospital administration can be broadly categorized into several key areas:

- **Strategic Planning and Management**
Hospital administration plays a crucial role in formulating and implementing long-term strategies for the institution's growth and development. This includes setting goals for improving patient care, expanding hospital services, enhancing infrastructure, and adopting new technologies. Administrators are responsible for ensuring the hospital's operations align with its mission, vision, and values.
- **Resource Management**
Effective management of resources, including human resources, finances, and medical supplies, is vital for smooth hospital operations. Hospital administrators oversee staffing levels, budgeting, and procurement to ensure that the hospital has adequate staff, equipment, and supplies to provide optimal care. This includes recruiting qualified medical professionals, maintaining financial stability, and ensuring cost-effectiveness in hospital operations.

- **Quality Assurance and Patient Safety**
Ensuring the highest standards of patient care is a core function of hospital administration. Administrators are responsible for establishing and monitoring protocols to improve patient safety, quality of care, and treatment outcomes. This involves regular audits, evaluations, and compliance with national and international healthcare standards.
- **Policy Development and Implementation**
Hospital administration is responsible for creating and enforcing policies related to patient care, staff conduct, safety protocols, and regulatory compliance. Administrators ensure that these policies are communicated effectively to all hospital staff and that they adhere to national healthcare regulations and standards.
- **Financial Management**
Financial planning, budgeting, and accounting are essential aspects of hospital administration. Hospital administrators oversee the financial health of the institution by managing budgets, securing funding, billing, and reimbursement processes. They also ensure that financial records are accurate and comply with legal and regulatory requirements.
- **Staff Management and Training**
Effective staff management is critical to hospital success. Hospital administrators are responsible for staffing decisions, creating job descriptions, evaluating staff performance, providing training opportunities, and fostering a positive work environment. They ensure that all employees, from doctors to support staff, receive the appropriate training and professional development.
- **Health Information Management**
With the increasing reliance on digital records and data, hospital administration is responsible for the management of health information systems. This includes maintaining patient records, ensuring confidentiality, and implementing electronic health records (EHR) systems that improve efficiency and communication within the hospital.
- **Compliance with Legal and Regulatory Standards**
Hospitals must comply with numerous health regulations and laws, including patient rights, accreditation standards, and environmental safety requirements. Administrators ensure that the hospital follows these regulations and is prepared for inspections or audits by regulatory bodies.
- **Patient Services and Satisfaction**
Ensuring patient satisfaction and providing excellent customer service is a key responsibility of hospital administration. Administrators oversee patient services, including admissions, billing, and patient feedback mechanisms, ensuring that patient concerns are addressed promptly and effectively.
- **Emergency and Crisis Management**
Hospital administrators must prepare for emergencies, such as natural disasters, epidemics, or other crises. They are responsible for developing and implementing emergency preparedness plans, ensuring the hospital can respond effectively and continue to provide care during crises.
- **Community Engagement and Public Relations**
Administrators foster relationships with the community, local government, and healthcare

stakeholders. They are involved in public relations, outreach programs, health education, and advocacy to promote the hospital's services and improve community health outcomes.

- **Technology and Innovation Management**

Embracing technological advancements and innovations is increasingly important in healthcare. Hospital administrators oversee the implementation of new medical technologies, information systems, and innovations that can enhance the quality of patient care and hospital efficiency

National Health policy and programs

Nepal Health Policy (2076), formulated in 2020, aims to ensure equitable access to quality healthcare for all citizens, in line with the constitutional mandate that health is a fundamental right. This policy emphasizes Universal Health Coverage (UHC), focusing on both urban and rural populations and the integration of mental and dental health into the healthcare framework.

Introduction

The policy builds on the foundation laid by previous health strategies and reforms, addressing both communicable and non-communicable diseases, emerging health challenges, and the need for a robust health information system. With a focus on improving health infrastructure and services across the country, it aligns with Nepal's federal structure, ensuring that local and provincial governments can effectively manage health services within their jurisdictions.

Vision:

Healthy, Alert and conscious citizens oriented to a happy life.

Mission:

To ensure the fundamental health rights of citizens through optimum and effective use of resources, collaboration and partnership.

Goal:

To develop and expand a health system for all citizens in the federal structure based on social justice and good governance and ensure access to utilization of quality health care services.

Objectives

Key objectives of the health policy include:

- **Expanding and improving health systems** in line with the federal structure to ensure broader access to services.
- **Improving the quality of health services** across all levels, focusing on equitable access, especially for marginalized communities.
- **Strengthening social health security** to include vulnerable populations.
- **Promoting cooperation** between government, non-government, and private sectors to enhance healthcare delivery.
- **Transforming the health system** into one that prioritizes public health over profit-making motives

Targets

The policy targets:

- Achieving full **Universal Health Coverage** by ensuring that all citizens, especially those in remote and underserved areas, have access to essential health services.
- Reducing **out-of-pocket health expenditures** through expanded health insurance schemes.
- Increasing **health infrastructure**, including hospitals, health posts, and medical supplies, to provide better healthcare services.

This comprehensive approach is critical in improving the health and well-being of Nepal's diverse population while responding to emerging health trends and challenges such as climate change and the rising burden of non-communicable diseases.

INTRODUCTION

Lahan Hospital, though officially registered as a 15-bedded facility, stands as a beacon of hope and care for the people of our community. With the support of the Hospital Samiti, we are able to offer an expanded capacity of 65 beds, ensuring that we can accommodate the increasing demand for healthcare services. Our hospital is not just a building; it is a place where lives are nurtured, and families find relief in times of distress.

In a setting where resources may be limited, we take immense pride in offering a comprehensive range of specialized services, including emergency care, gynecology, obstetrics, orthopedics, pediatrics, internal medicine, dialysis, and a variety of other essential healthcare services. Each of these services is provided with the utmost dedication, reflecting our unwavering commitment to meeting the diverse healthcare needs of our community.

Lahan Hospital is not merely a healthcare facility; it is a lifeline for many. Whether it's a critical emergency or a routine consultation, we ensure that every patient receives personalized care with compassion. Our role extends beyond medical treatment—we offer comfort, support, and trust. The hospital is also equipped to handle medicolegal cases, reinforcing our responsibility to the community's legal and healthcare needs.

In a world where health challenges are unpredictable, Lahan Hospital stands firm in its mission to provide high-quality, accessible, and empathetic care. Our staff, though working within a limited environment, consistently strives to go above and beyond, delivering the best possible outcomes for those we serve. We are proud to be a part of the fabric of this community and honored to be able to provide such extensive and dedicated services, even within the constraints of our humble setting.

OUR SERVICES

Emergency Department

Our hospital is proud to provide a fully operational 24-hour Emergency Department, catering to a wide array of medical emergencies. As a secondary-level healthcare facility, we are equipped to handle a diverse range of urgent and critical cases, including trauma, medical emergencies, surgeries, and other life-threatening conditions.

At Lahan Hospital, our commitment to emergency care is unwavering. We are equipped with 5 emergency beds, including 1 red (critical), 2 yellow (urgent), and 2 green (less urgent) beds, along with a dedicated triage area to ensure prompt and efficient management of all patients. Our emergency services are designed to handle a wide spectrum of cases, from the most straightforward procedures to the most complex, including intubation and disaster management.

The Emergency Department is staffed by a dedicated team of experienced doctors, nurses, and healthcare professionals, all trained to provide immediate and effective care. We offer prompt diagnostic services, such as laboratory tests, X-rays, and ultrasounds, ensuring that we can assess and manage cases swiftly and efficiently. The department is designed to manage both routine emergencies and complex cases, providing quick interventions that save lives.

Our hospital's emergency care extends beyond immediate medical treatment; we emphasize compassionate care, ensuring that patients and their families receive the necessary support during stressful situations. With round-the-clock availability and state-of-the-art facilities, our Emergency Department remains at the forefront of providing critical care to the community. Whether it's an accident, heart attack, or any other emergency, our team is always ready to respond with professionalism and care.

From minor injuries to critical care, we have always been ready and capable of responding to the needs of our community. The trust our patients place in us is a testament to the dedication and skill of our team, and we remain committed to providing the highest level of emergency care, regardless of the challenges we face.

OPD (Outpatient Department) Services

Our hospital offers comprehensive OPD services to meet the diverse healthcare needs of the community. With a team of highly qualified specialists and medical professionals, we provide a wide range of medical consultations and treatment options for patients of all ages. The OPD operates daily, offering accessible, patient-centered care without the need for overnight hospitalization.

Key Specialties in Our OPD:

- **General Medicine (MDGP):**
Our Medicine faculty and MDGP specialists offer expert care for a variety of common and chronic health conditions, including hypertension, diabetes, respiratory issues, and more.
- **Gynecology:**
Our experienced gynecologists provide services related to women's health, including pregnancy care, family planning, menstrual disorders, and treatment for reproductive health issues.
- **Orthopedics:**
We offer consultations and treatments for musculoskeletal conditions, including bone fractures, joint pain, arthritis, and sports injuries. Our orthopedic team provides non-surgical and surgical management options.
- **Pediatrics:**
Our pediatricians specialize in the healthcare of infants, children, and adolescents, addressing developmental milestones, vaccinations, acute illnesses, and chronic conditions.
- **Surgery:**
The surgical team in our OPD provides consultations for both minor and major surgical interventions. This includes pre-surgical assessments and post-surgical follow-ups.
- **Radiology:**
Our radiologists offer diagnostic imaging services, including X-rays, ultrasounds, and other imaging techniques, to aid in the diagnosis and management of various medical conditions.
- **Anesthesiology:**
Our anesthesiologists ensure the safety and comfort of patients undergoing procedures, offering both local and general anesthesia services as needed.
- **Dental OPD:**
We also provide dental care services, including routine check-ups, cleanings, dental fillings, extractions, and treatment for dental emergencies.
- **Medical Officers:**
In addition to specialists, our medical officers play a critical role in managing patient care, providing general consultations, maintaining insurance referrals and guiding patients to the appropriate department for specialized treatment.

Our OPD ensures that patients receive high-quality, accessible care, with timely appointments and a focus on preventive healthcare. Whether for routine check-ups, urgent health concerns, or ongoing treatment for chronic conditions, our multi-disciplinary team is dedicated to supporting the health and well-being of the community.

Laboratory Department

Our Laboratory Department is a key component of our healthcare services, offering **24-hour biochemistry testing** to support patient diagnosis and treatment. With a state-of-the-art facility and a skilled team of laboratory technicians, we provide accurate and timely results to assist in the management of various health conditions.

Key Features of Our Laboratory Services:

Comprehensive Biochemistry Services:

We provide a wide range of **biochemical tests**

- Hematology: CBC, HB,
- Parasitology: Malaria, WIDAL
- Microbiology: Sputum smear, H.pylori
- Serology: HIV, HBsAg, HCV, VDRL
- Endocrine: blood sugar, uric acid, Thyroid function test
- Biochemistry: Sodium/Potassium, protein, Lipid profile
- **24-Hour Service Availability:**
Understanding the urgency of accurate test results, especially in critical cases, our laboratory operates **24 hours a day**, ensuring that patients can access necessary tests at any time, even in emergency situations. This round-the-clock availability supports quick decision-making for healthcare providers and optimal patient outcomes.
- **Advanced Technology:**
Our laboratory is equipped with the latest technology and automated systems, ensuring precise, reliable, and efficient test results.
 - Fully Biochemistry Analyzer Mindray-240
 - Fully Biochemistry Analyzer Zybion-400
 - 7 Parts Hematology Analyzer-zybio
 - 5 Parts Hematology Analyzer-Mindray
 - Electrolyte Analyzer- Curelyte
 - Clea-CL900i Mindray
 - Binocular Microscope Zeiss
 - HbA1c Wondfo Finecare III Plus
 - Coagulation Analyser
 - Semi Biochemistry Analyser
 - Digital Centrifuge
 - Hot Air oven /Incubator
 - Autoclave
- **Experienced Medical Technologists:**
The laboratory team consists of highly trained medical technologists and technicians who follow rigorous quality control measures to maintain the accuracy and reliability of all test results.

- **Fast Turnaround Times:**

We prioritize **quick turnaround times**, allowing for faster diagnosis and treatment, particularly in critical situations where timely intervention is essential.

Whether for routine check-ups, chronic disease management, or emergency care, our Laboratory Department is dedicated to providing exceptional service, with a focus on accuracy, efficiency, and patient care.

Maternity Services

Our hospital provides comprehensive maternity care, ensuring a safe and supportive environment for expectant mothers. With **24-hour availability** of skilled gynecologists, obstetricians, and experienced nurses, we offer a range of delivery options, including **normal assisted deliveries** and **LSCS (Lower Segment Cesarean Section)**, based on the specific needs of the mother and baby.

Key Features of Our Maternity Services:

- **Normal Assisted Delivery:**
For women seeking a natural birth, we provide **normal assisted delivery** services with the support of expert gynecologists and trained nurses who guide the mother throughout the process. Our team ensures comfort, safety, and personalized care during labor and delivery.
- **LSCS (Cesarean Section) Deliveries:**
In cases where a cesarean section is medically necessary, our team is equipped with the expertise and technology to perform **LSCS deliveries** safely. Our experienced obstetricians provide surgical care with precision and attention to both maternal and fetal well-being.
- **24-Hour Care and Support:**
Our maternity department operates **round the clock**, ensuring continuous availability of skilled medical professionals and support staff. Whether it is for routine monitoring, an emergency delivery, or post-delivery care, a team of nurses and gynecologists are always on hand to assist.
- **Experienced Nursing Team:**
Our dedicated and compassionate nursing staff plays a key role in providing comfort, guidance, and medical assistance throughout labor, delivery, and recovery. They ensure that mothers and newborns receive the highest standard of care.
- **Post-Delivery Care:**
After delivery, both mothers and babies are monitored closely in our post-natal care unit, where we provide necessary treatments, breastfeeding support, and guidance to ensure smooth recovery and optimal health.
- **Personalized Care and Safety:**
We understand that every pregnancy and delivery is unique. Our team works closely with expectant mothers to develop a personalized birth plan, taking into account individual

preferences, medical history, and any potential risks, ensuring a safe and comfortable experience.

Our hospital's maternity services combine expert medical care, compassionate support, and state-of-the-art facilities to ensure that both mothers and babies receive the best care possible during this important time.

Overview of Inpatient Ward

The inpatient ward at Lahan Provincial Hospital is designed to accommodate a diverse range of medical, surgical, and pediatric cases, ensuring comprehensive care for all patients. Our facility is equipped with modern amenities and staffed by a dedicated team of healthcare professionals committed to delivering high-quality medical services.

In the medical section, we provide care for patients with various acute and chronic conditions, facilitating thorough assessments, treatments, and monitoring.

The surgical unit specializes in preoperative and postoperative care for patients undergoing a wide array of surgical procedures, ensuring that each patient receives personalized attention throughout their surgical journey.

The pediatric ward is tailored to meet the unique needs of our younger patients, offering specialized care for both routine and complex pediatric conditions. Our pediatric team is trained to handle various surgical interventions and medical treatments while providing a child-friendly environment that includes support for families.

Overall, our inpatient ward emphasizes patient safety, comfort, and effective communication among healthcare providers to enhance patient outcomes and satisfaction. We continuously strive to improve our services through regular training and adherence to best practices in patient care.

Indoor Ward Services

Our hospital is committed to providing a comfortable and supportive environment for all patients. To cater to the specific needs of our maternity and post-surgical patients, we have dedicated **separate wards** for **antenatal**, **postnatal**, and **post-operative** care, ensuring specialized attention and optimal recovery in each case.

Key Features of Our Indoor Ward:

- **Antenatal Ward:**
The **antenatal ward** is designed to provide care for expectant mothers throughout their pregnancy. Our ward offers regular check-ups, monitoring, and consultations by our team of experienced obstetricians and gynecologists. We focus on the health of both mother and baby, offering services such as routine ultrasounds, blood tests, and prenatal education. The ward also ensures a calm and safe environment for women who require close observation during pregnancy.
- **Postnatal Ward:**
Our **postnatal ward** provides care for mothers and newborns after delivery, ensuring a smooth recovery and transition to motherhood. The ward is equipped with experienced nurses who assist with breastfeeding, newborn care, and post-delivery monitoring. Our team closely monitors the health of the mother and baby, providing necessary medical attention to promote recovery and ensure both are in optimal health.
- **Post-Operative Ward:**
For patients who have undergone surgeries, including **LSCS (cesarean section)** or other medical procedures, our **post-operative ward** offers specialized care for recovery. This ward is staffed with highly trained nurses and medical professionals who ensure the well-being of patients after surgery. We provide post-surgical monitoring, pain management, and rehabilitation services, ensuring a smooth and comfortable recovery.

Specialized Care and Comfort:

Each of our wards is designed with patient comfort and privacy in mind. We prioritize a clean, quiet, and supportive environment, with dedicated staff available 24/7 to attend to patient needs. Our focus on personalized care ensures that each patient receives the attention and medical support they require at every stage of their treatment or recovery.

By maintaining separate wards for antenatal, postnatal, and post-operative care, we ensure that all our patients receive the most appropriate and specialized care in a safe and conducive environment.

Surgical Services

We offer a comprehensive range of **surgical services**, ensuring high-quality care for patients through our two major operating theaters and one minor operating theater. Despite the challenges of a congested space, we remain committed to providing effective, patient-centered services, supported by a team of highly skilled medical professionals.

Major OT (2 OTs for Specialized Surgeries):

- **Gynecology:**
Our **gynecologists** perform critical surgeries such as **LSCS (Lower Segment Cesarean Section)** and **hysterectomy**. Whether performing cesarean deliveries for complicated pregnancies or hysterectomies for conditions like uterine cancer, fibroids, or abnormal bleeding, our gynecological team is highly skilled in managing both routine and high-risk cases.
- **Orthopedic Surgery:**
In the orthopedic OT, we handle **all kinds of fractures** and provide **implant surgeries** for patients with severe trauma, joint issues, or bone deformities. Whether it's a simple fracture or a complex surgical intervention, our orthopedic surgeons are equipped to deliver expert care.
- **General Surgery:**
Our **general surgery team** is proficient in addressing a wide variety of surgical conditions, including:
 - **Hemorrhoids** treatment (both surgical and non-surgical methods)
 - **Hernia repairs**
 - **Appendicitis surgeries**
 - **Hydrocele surgeries**

Each surgery is performed with meticulous attention to detail, ensuring minimal risk and faster recovery.

Minor OT:

For less complex procedures, our **minor OT** is used for diagnostic and minor surgical interventions. These can include minor skin procedures, soft tissue surgeries, and other less invasive interventions, all performed with the same high standards of safety and care.

Collaborative Care Team:

Each procedure is carried out by a team of experienced professionals, including:

- **Anesthesiologists:** Our skilled anesthesiologists ensure patient safety during surgery, administering tailored anesthesia and monitoring vital signs throughout the process.
- **Nurses:** Our nurses play an integral role in pre-operative preparation, assisting during the surgery, and providing post-operative care to ensure a smooth recovery.
- **Anesthesia Technicians:** Working closely with anesthesiologists, our anesthesia technicians manage equipment and assist in the preparation and administration of anesthesia agents.

Our hospital's team-based approach ensures that patients receive comprehensive and expert care, from the moment of admission through to recovery. Despite the challenges of space, our dedicated team continues to deliver effective surgical solutions across a wide range of specialties.

Store Department

The **Store Department** at our hospital plays a critical role in managing the inventory of medical supplies, pharmaceuticals, and hospital equipment. It ensures that all necessary items are available and easily accessible to support day-to-day operations and patient care. The department is responsible for procurement, stock management, and distribution of medicines, medical consumables, surgical instruments, and personal protective equipment (PPE).

Key functions include:

- **Inventory Management:** Regular stocktaking and monitoring to prevent shortages and overstocking.
- **Procurement:** Coordinating with suppliers for the timely acquisition of high-quality medical supplies and medications.
- **Distribution:** Efficiently delivering items to the respective departments as per the needs of healthcare professionals.
- **Safety Compliance:** Ensuring that stored items meet health and safety standards, including proper storage conditions for temperature-sensitive medications and equipment.

The Store Department is vital for maintaining the smooth operation of the hospital, ensuring that essential supplies are always available for optimal patient care

CSSD (Central Sterile Services Department)

The **Central Sterile Services Department (CSSD)** is essential for maintaining high standards of hygiene and infection control within the hospital. This department is responsible for the sterilization and maintenance of all medical instruments, equipment, and supplies used across various departments.

Key Functions:

- **Sterilization:** Ensures all surgical instruments, medical devices, and reusable equipment are properly sterilized using advanced methods such as autoclaving, chemical sterilization.
- **Cleaning and Disinfection:** Thoroughly cleans and disinfects all medical tools before sterilization to prevent the spread of infections.
- **Storage and Distribution:** Stores sterilized items in a sterile environment and distributes them to the respective departments, ensuring they are readily available for use.
- **Quality Control:** Regular monitoring and testing of sterilization equipment and processes to ensure compliance with safety standards and protocols.

The CSSD plays a vital role in safeguarding patient health by preventing cross-contamination and ensuring the safe use of medical instruments throughout the hospital

Hospital Administration

The **Hospital Administration** is responsible for overseeing all operational, financial, and clinical functions to ensure the smooth delivery of healthcare services. The administration plays a key role in managing hospital policies, human resources, and departmental coordination, aiming to maintain the highest standards of patient care and safety.

Key Responsibilities:

- **Operational Management:** Ensures efficient day-to-day operations, including patient admissions, record management, and smooth functioning of medical departments.
- **Financial Oversight:** Manages hospital budgets, financial planning, and procurement to ensure optimal resource allocation.
- **Human Resource Management:** Oversees the recruitment, training, and development of healthcare staff, ensuring a skilled workforce.
- **Policy Implementation:** Develops and enforces hospital policies and procedures to meet regulatory standards and enhance service quality.
- **Patient Services:** Ensures that patient needs are met through effective communication, complaint resolution, and ensuring the overall satisfaction of both patients and staff.

The hospital administration works collaboratively with clinical and support teams to deliver comprehensive healthcare services, improving patient outcomes and fostering a culture of excellence.

nurturing and healing environment for newborns and peace of mind for their families. The dedicated team works relentlessly to ensure that all infants receive the best possible start to life.

Radiology Services

Our hospital offers comprehensive **24-hour radiology services**, equipped with advanced technology and staffed by qualified radiologists. These services are essential for accurate diagnosis and effective treatment planning across a wide range of medical conditions.

Key Radiology Services:

- **X-Ray Imaging:**

We provide **X-ray** services for various diagnostic needs, including routine imaging, fracture assessments, and examination of chest, bones, and abdominal organs. Our X-ray department operates around the clock, ensuring timely availability for emergency cases as well as scheduled exams.

- **Ultrasound (USG) Imaging:**

Our radiology department also offers a complete range of **ultrasound (USG)** services, including **abdominal, pelvic, obstetric, musculoskeletal, and vascular** ultrasounds. These services are critical for examining soft tissues, organs, and fetal development during pregnancy. Services include

USG Abdomen/Obs scan

USG - Neck

USG Soft Tissue

USG - Knee/ Ankle

Nuchal translucency scan

USG guided Ascitic / Pleural tapping

USG guided drainage procedure

Urinary Bladder - SPC insertion under USG guidance

Transvaginal Ultrasound

USG guided FNAC

USG(Anomaly Scan)

SG breast (double

Scrotal USG

Bilateral Limb Arterial Doppler

Bilateral Limbs Venous Doppler

Carotid Doppler

Renal Doppler

Single Limb Arterial Doppler

Single Limb Venous Doppler

Fetal Doppler

Expertise:

- Our **radiologists** provide expert interpretation of imaging results, helping clinicians make informed decisions regarding patient care.
- With 24-hour availability, our imaging services ensure immediate access for emergencies, facilitating swift diagnoses and treatments.

Our radiology team uses cutting-edge equipment to deliver accurate results and high-quality images, supporting a variety of medical departments and ensuring excellent patient care around the clock.

Miscellaneous Services

In addition to the core medical services offered, our hospital provides a wide range of **miscellaneous services** to ensure holistic patient care and convenience. These services complement our clinical operations and enhance the overall patient experience.

1. Pharmacy Services:

- **24-hour pharmacy** ensures that patients have access to necessary medications at any time, including emergency drugs and prescribed treatments.

2. Ambulance Services:

- **24-hour ambulance services** for emergencies, patient transfers, and hospital visits, ensuring timely transportation for critical care.

3. Blood Bank:

- A fully equipped **blood bank in collaboration with Nepal Red cross society**, available at all hours, to provide safe and adequate blood supply for surgeries, emergencies, and other critical care situations.

4. Physiotherapy Services:

- **Physiotherapy** provided for rehabilitation after surgery or injury, offering specialized treatment plans for joint, bone, or muscular conditions.

5. Safe Abortion Services

Lahan Provincial Hospital provides comprehensive safe abortion services, ensuring that women with unwanted pregnancies have access to timely and medically supervised procedures in a safe environment. Our services include pre- and post-abortion counseling, medical abortions up to 12 weeks, and manual vacuum aspiration (MVA) techniques, all conducted in accordance with national protocols to prioritize patient safety and confidentiality.

6. Medicolegal Autopsy Services

Our hospital offers medicolegal autopsy services to assist in determining the cause of death in cases requiring legal investigation. These services are conducted to ensure thorough examinations while adhering to legal standards, providing essential information for judicial processes and contributing to public health data.

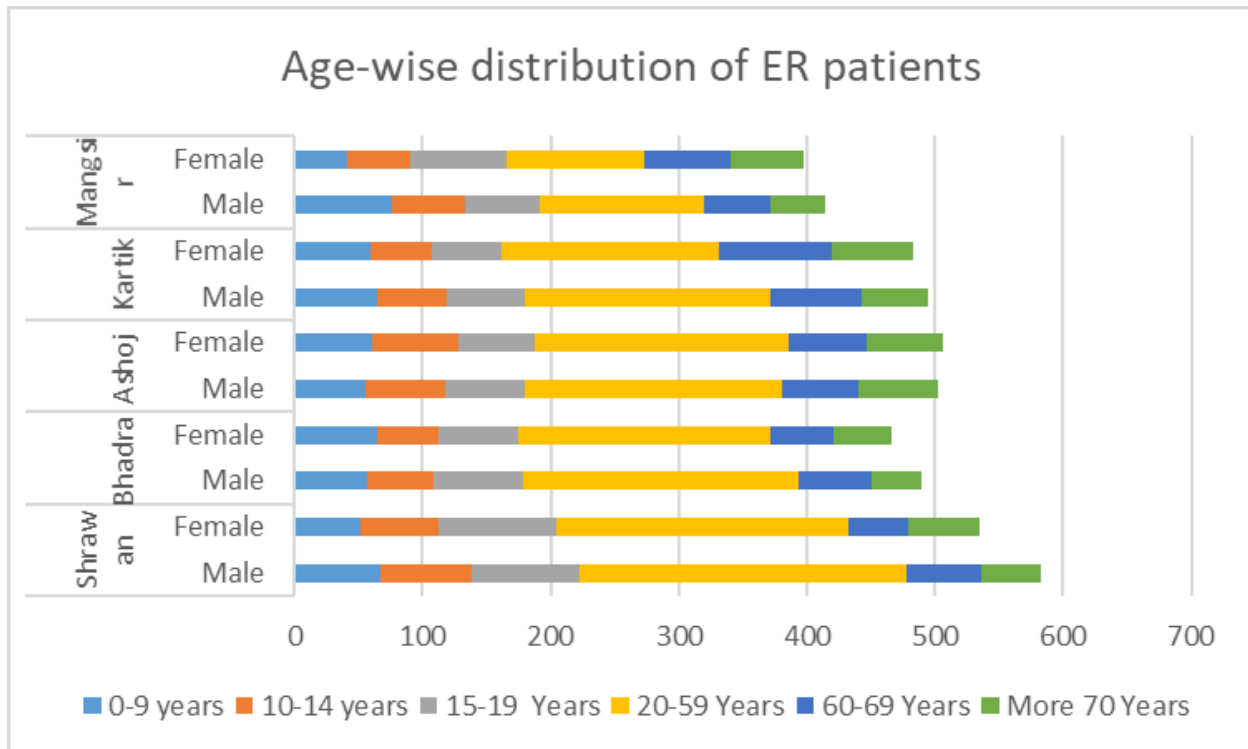
Other Services

- **The One Stop Crisis Management Centre (OCMC)** at our hospital provides comprehensive services for victims of **gender-based violence** and **rape**, offering medical examination, psychological support, and legal assistance all in one location. This center ensures timely and sensitive handling of cases, with a team of professionals dedicated to the care, protection, and support of survivors
- **Social Service Unit:** Offers support and guidance to patients and their families, addressing social, emotional, and financial concerns, and ensuring patients receive holistic care.
- **Family Planning Service and Counseling:** Provides counseling and a variety of **family planning** options to help individuals and couples make informed decisions about reproductive health.
- **Immunization:** Our hospital offers a comprehensive **immunization program** to protect infants, children, and adults from preventable diseases, following national immunization guidelines.
- **ART (Antiretroviral Therapy):** Provides **ART** services for individuals living with HIV, helping manage the condition and improve overall quality of life.
- **ATT (Anti-Tuberculosis Treatment):** Our hospital offers comprehensive **tuberculosis treatment** programs, including diagnosis, care, and medication for patients affected by TB.
- **Breastfeeding Site:** A designated area to support and promote **breastfeeding**, offering guidance, comfort, and privacy to new mothers.
- **Vaccine and Dressing Centre:** Provides essential vaccination services, as well as a **dressing center** for wound care and dressing changes.
- **24-Hour Canteen:** Our **canteen** operates 24 hours a day, providing meals and refreshments to patients, families, and staff at any time.
- **Small Gym and Park:** The hospital premises include a **small gym** and **park**, encouraging physical activity and wellness for patients and visitors.
- **Dialysis Services :-**Lahan Provincial Hospital offers comprehensive dialysis services, providing essential care for patients with kidney failure through both hemodialysis and peritoneal dialysis options. Our state-of-the-art dialysis unit is staffed by trained professionals who ensure patient safety and comfort while delivering high-quality renal care.
- **Geriatric Ward :-**The geriatric ward at Lahan Provincial Hospital is dedicated to addressing the unique healthcare needs of elderly patients, offering specialized medical care and support for age-related conditions. Our multidisciplinary team focuses on promoting the well-being of older adults through tailored treatment plans, rehabilitation services, and compassionate support for both patients and their families.

Service Delivery parameters

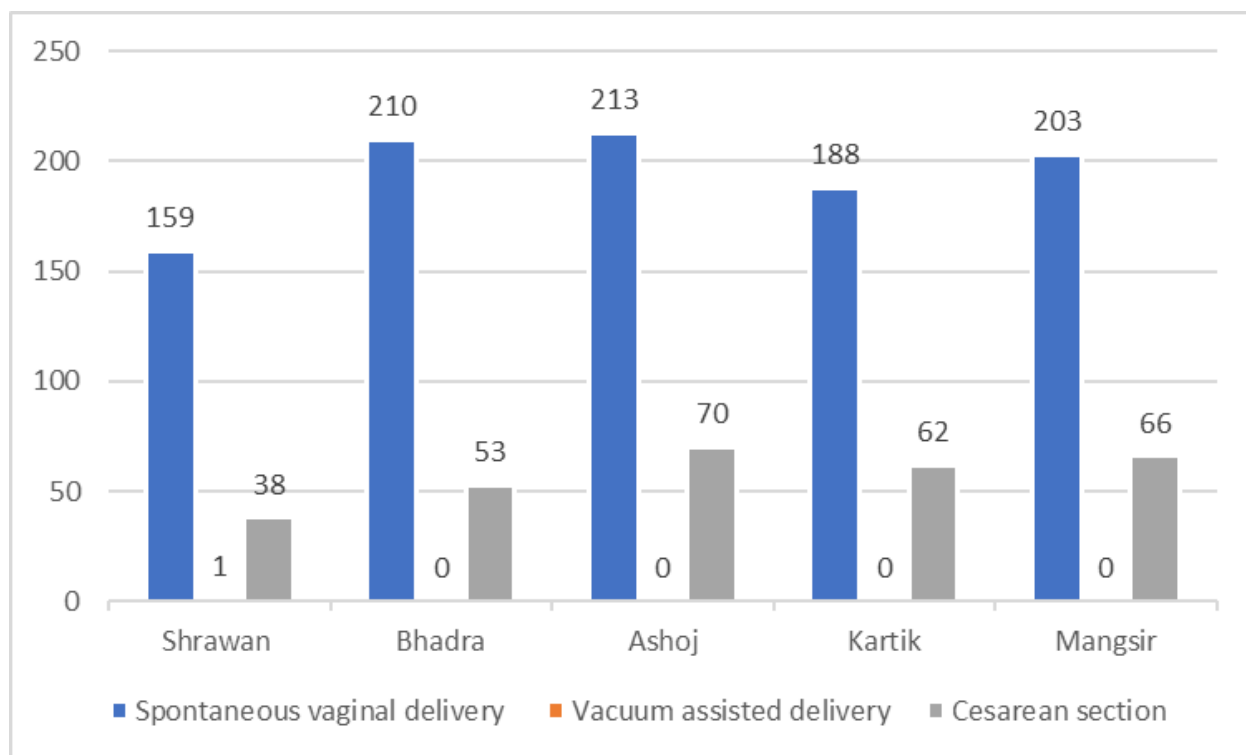
EMERGENCY DEPARTMENT

Age Group	Shrawan		Bhadra		Ashoj		Kartik		Mangsir	
	M	F	M	F	M	F	M	F	M	F
0-9 years	67	51	57	65	56	61	65	59	76	41
10-14 years	71	62	51	48	62	67	54	48	57	49
15-19 Years	84	92	71	62	62	59	61	55	58	75
20-59 Years	256	228	215	196	201	199	192	169	129	108
60-69 Years	58	46	57	50	59	61	71	88	51	68
More 70 Years	47	56	38	45	62	59	51	64	43	57



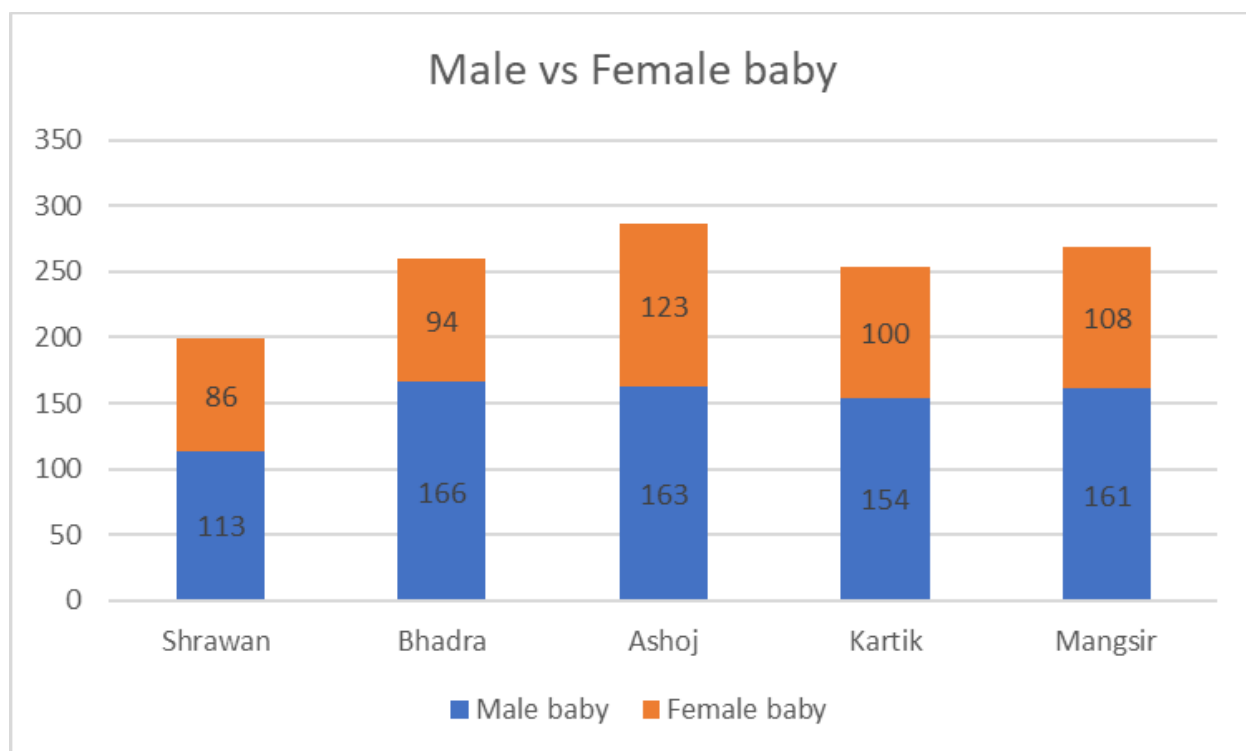
The analysis of emergency department data reveals that the majority of patients fall within the age group of 20-59 years. This age range constitutes the highest proportion of recorded cases, highlighting a significant demand for emergency healthcare services among this demographic. The findings suggest a higher susceptibility to health issues, injuries, or accidents requiring immediate medical attention in this age (20-59 yrs), likely due to their active lifestyles, occupational hazards, and potential health risk factors. This information underscores the need for tailored strategies to address the healthcare needs of this age group effectively.

OBSTETRIC SERVICE 2081					
	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
Spontaneous vaginal delivery	159	210	213	188	203
Vacuum assisted delivery	1	0	0	0	0
Cesarean section	38	53	70	62	66
Male baby	113	166	163	154	161
Female baby	86	94	123	100	108
Twin delivery	1	0	3	4	1
Perinatal death	0	1	0	1	1



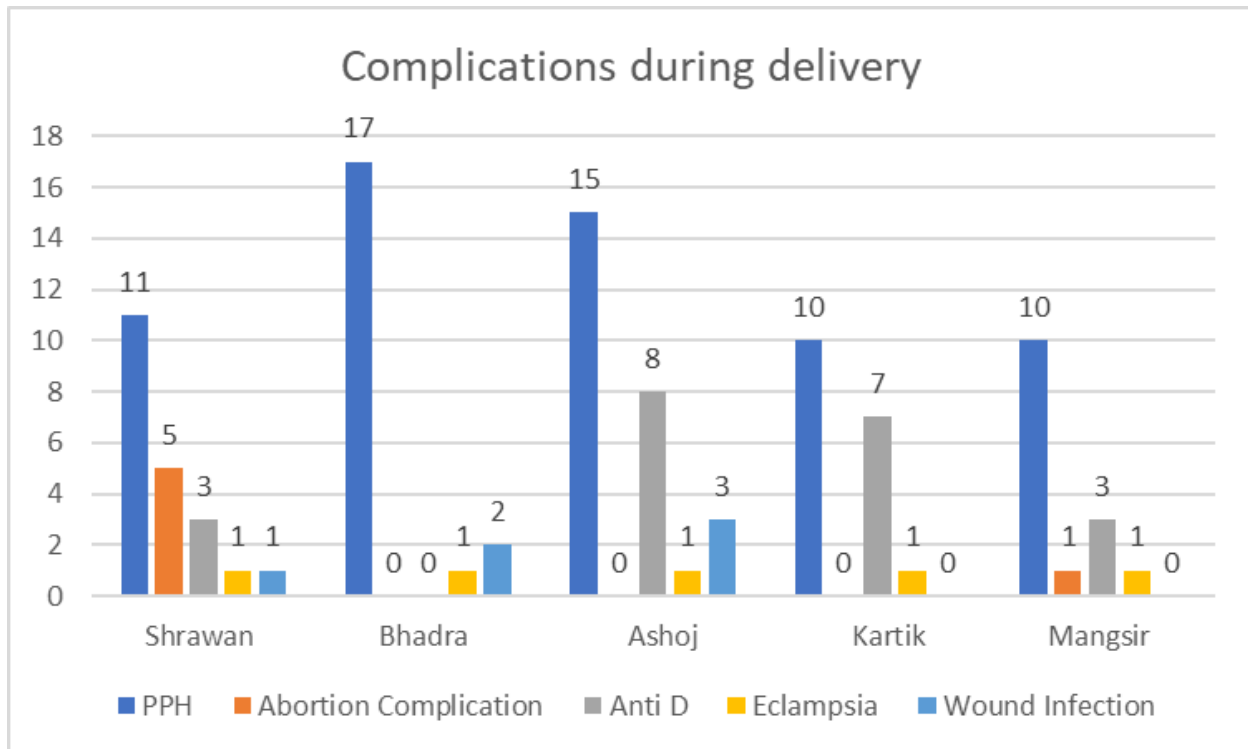
The obstetric data from the past five months reveals that vaginal deliveries were the most common mode of childbirth, followed by cesarean sections (CS), while vacuum-assisted deliveries were the least frequent. Notably, there were 9 twin deliveries during this period, reflecting the hospital's capability to manage multifetal pregnancies effectively. Additionally, only 3 cases of perinatal death were recorded, demonstrating a commendable standard of care in

managing maternal and neonatal health. This data underscores the hospital's emphasis on promoting safe deliveries and addressing complications promptly to ensure positive outcomes.



Complications encountered during Delivery

Name of Complication	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
Abortion Complication	5	0	0	0	1
Pre-Eclampsia	0	1	0	0	3
Eclampsia	1	1	1	1	1
APH	0	1	2	0	0
PPH	11	17	15	10	10
Prolong Labour	0	0	0	0	2
Retained Placenta	1	1	2	0	0
Wound Infection	1	2	3	0	0
Anti D	3	0	8	7	3
Puerperal Sepsis	0	0	0	1	0



The data outlines the complications encountered during deliveries over five months, highlighting trends and key concerns in maternal healthcare.

Major Observations:

1. **Abortion Complications:**
 - Abortion complications were highest in Shrawan (5 cases), followed by one case in Mangsir. No cases were reported in Bhadra, Ashoj, or Kartik.
2. **Pre-Eclampsia:**
 - Cases of pre-eclampsia were recorded intermittently, with one case each in Bhadra and Ashoj, increasing to three cases in Mangsir.
3. **Eclampsia:**
 - Eclampsia cases remained steady, with one case reported each month except for Ashoj, where no cases occurred.
4. **Antepartum Hemorrhage (APH):**
 - APH cases were minimal, with one case each in Bhadra and Ashoj, and none in other months.
5. **Postpartum Hemorrhage (PPH):**
 - PPH emerged as the most frequent complication, with consistently high numbers every month. The highest was recorded in Bhadra (17 cases), followed by Ashoj (15 cases), and 10 cases each in Kartik and Mangsir.
6. **Prolonged Labor:**
 - Prolonged labor was rare, with only two cases reported, both in Mangsir.

7. **Retained Placenta:**

- Cases of retained placenta were reported in Shrawan (1), Bhadra (1), Ashoj (2), and Kartik (2), with no cases in Mangsir.

8. **Wound Infections:**

- Wound infections were relatively low but present, peaking in Ashoj (3 cases) and declining to two cases in Bhadra and Kartik.

9. **Anti-D Administration:**

- Anti-D administration peaked in Ashoj (8 cases) and remained consistent in Kartik (7 cases), with fewer cases in other months.

10. **Puerperal Sepsis:**

- Puerperal sepsis was reported only in Kartik (1 case).

Key Insights:

- **High Incidence of PPH:** Postpartum hemorrhage was the most prevalent complication across all months, emphasizing the need for enhanced measures to manage and prevent PPH.
- **Rising Pre-Eclampsia and Eclampsia Cases:** Hypertensive disorders (pre-eclampsia and eclampsia) require vigilant monitoring and timely intervention to minimize maternal and fetal risks.
- **Inconsistent Abortion Complications:** Abortion complications were significant in Shrawan but largely absent in the following months, with a single recurrence in Mangsir.
- **Sporadic Cases of Sepsis and Prolonged Labor:** These were rare but critical complications, underscoring the importance of maintaining infection control and managing labor progression.

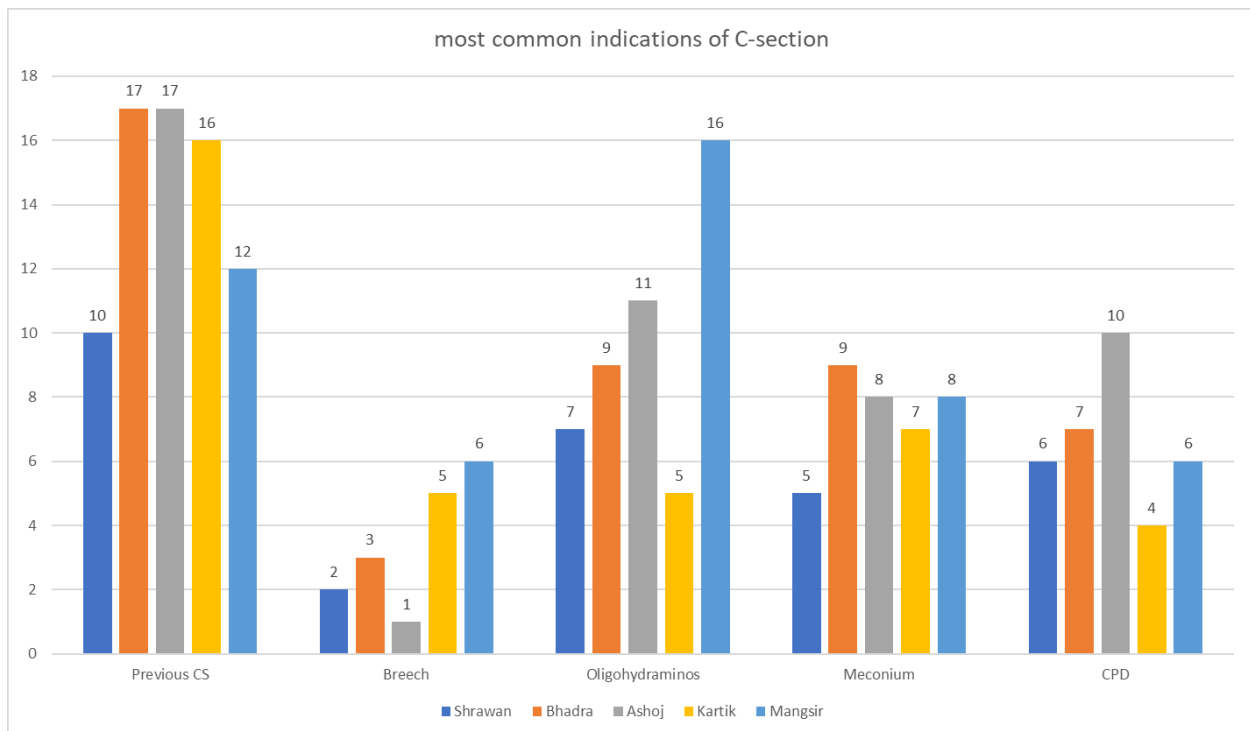
This data underscores the hospital's ongoing efforts to address a range of maternal complications, with particular emphasis needed on managing PPH and hypertensive disorders

Obstetric services

Indications of C-section 2081

Name of Procedure	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
Previous CS	10	17	17	16	12
Breech	2	3	1	5	6
Oligohydramnios	7	9	11	5	16
Meconium	5	9	8	7	8
CPD	6	7	10	4	6
Cord around neck	1	0	0	0	0
FD	1	3	10	6	5
NPOL	4	4	4	8	8
Postdated	1	0	1	2	1
PIH	1	0	0	0	0
IOL Failed	0	2	2	2	0
Twin	0	0	2	3	0
Hand Prolapse	0	0	1	0	0

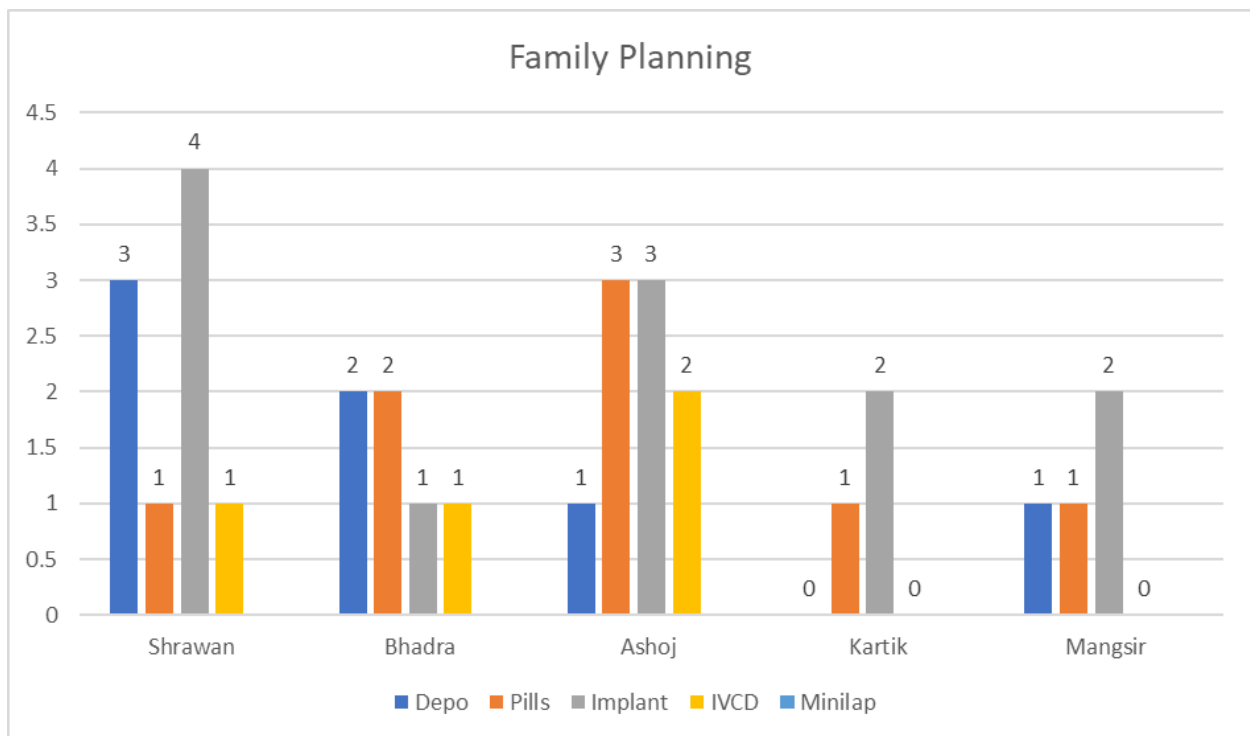
Precious Baby	0	0	1	0	2
Leaking	0	0	1	1	0
Big Baby	0	0	0	1	1
Face Presentation	0	0	0	0	1



The analysis of cesarean section deliveries over the past five months highlights the most common causes leading to surgical intervention. The primary indication was a history of previous cesarean delivery, reflecting adherence to guidelines prioritizing maternal and fetal safety in such cases. This was followed by polyhydramnios, where excessive amniotic fluid necessitated intervention to prevent complications during labor. Meconium aspiration, indicative of potential fetal distress, ranked third among the reasons for C-section. Cephalopelvic disproportion (CPD), where the fetal head could not pass through the maternal pelvis, was another significant cause. Lastly, breech presentation, involving abnormal fetal positioning, accounted for the smallest proportion of cases. These findings underscore the hospital's commitment to identifying and managing obstetric risks effectively to ensure positive outcomes.

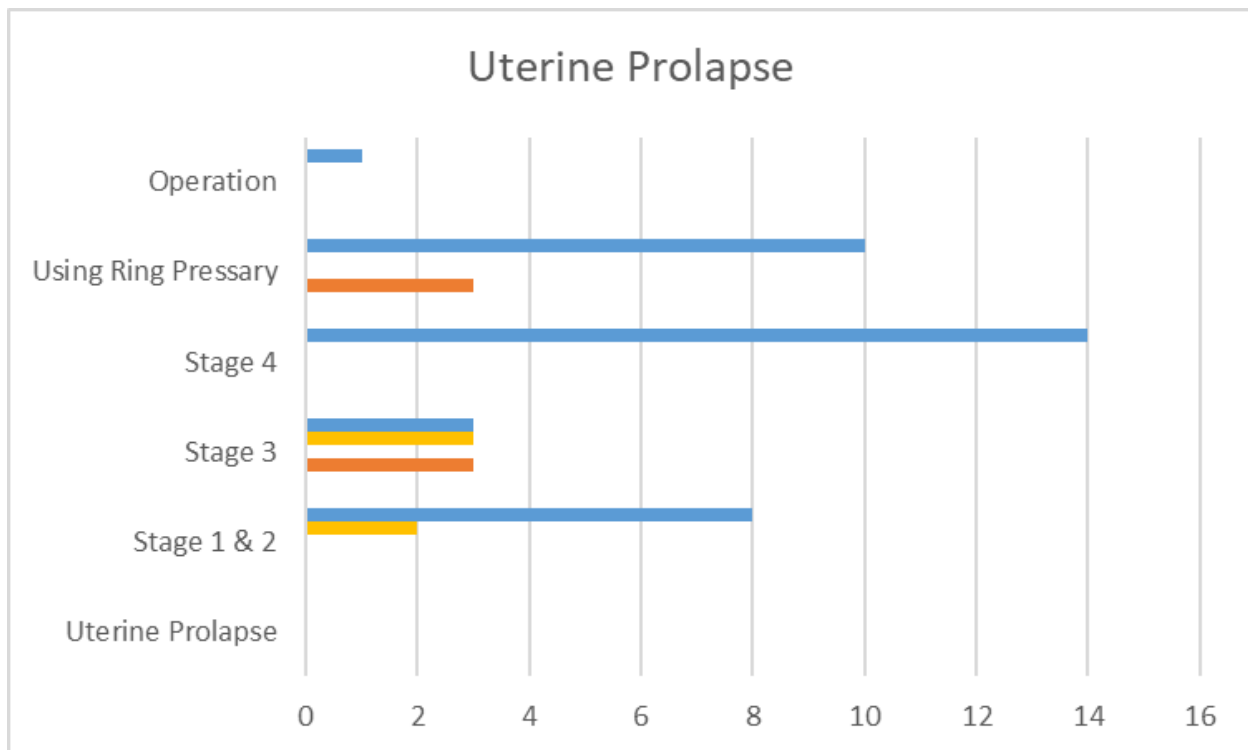
Family Planning Data 2081

	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
Depo	3	2	1	0	1
Pills	1	2	3	1	1
Implant	4	1	3	2	2
IVCD	1	1	2	0	0
Minilap	0	0	0	0	0
Uterine Prolapse					
Stage 1 & 2	0	0	0	2	8
Stage 3	0	3	0	3	3
Stage 4	0	0	0	0	14
Using Ring Pessary	0	3	0	0	10
Operation	0	0	0	0	1



Family Planning Services

1. **Depo Injections:** The usage of Depo injections showed a decline, starting with 3 users in Shrawan, dropping to 0 in Kartik, and increasing slightly to 1 in Mangsir.
2. **Oral Contraceptive Pills:** A fluctuating trend was observed, with 1 user in Shrawan, peaking at 3 in Ashoj, and reducing to 1 in Kartik and Mangsir.
3. **Implants:** The number of implant users remained steady, with 4 in Shrawan, decreasing to 1 in Bhadra, and stabilizing at 2 from Ashoj to Mangsir.
4. **IUCD (Intrauterine Contraceptive Device):** IUCD insertions were consistent in Shrawan (1) and Bhadra (1), peaking at 2 in Ashoj, with no cases recorded in Kartik and Mangsir.
5. **Minilap:** No minilap sterilization procedures were recorded across the five months.



The data for family planning services and uterine prolapse management over five months (Shrawan to Mangsir) reveals the following trends:

Uterine Prolapse Management

1. **Stage 1 & 2 Cases:** The number of patients with early-stage uterine prolapse increased significantly, with no cases in Shrawan and Bhadra, but a steady rise from 2 in Kartik to 8 in Mangsir.

2. **Stage 3 Cases:** Stage 3 prolapse cases were reported only in Bhadra (3 patients).
3. **Stage 4 Cases:** Advanced-stage uterine prolapse (Stage 4) cases were recorded exclusively in Mangsir, with a notable count of 14 patients.
4. **Using Ring Pessary:** Ring pessary usage was introduced in Bhadra (3 cases) and rose sharply to 10 cases in Mangsir.
5. **Surgical Intervention:** Only one surgery for uterine prolapse was performed, recorded in Mangsir.

Key Observations

- The demand for family planning services such as implants and Depo injections showed variations, with relatively low uptake.
- Uterine prolapse management saw a significant rise in patients presenting with advanced stages (Stage 4) by Mangsir, alongside increased usage of ring pessaries, indicating a growing burden of uterine prolapse cases.
- Surgical management was minimal, with only one case reported over the five months.

This data highlights the importance of strengthening both family planning services and uterine prolapse management, with a focus on preventive care and timely interventions.

Orthopaedics Services

Ortho Surgeries Data 2081											
		Shrawan		Bhadra		Ashoj		Kartik		Mangsir	
		F	M	F	M	F	M	F	M	F	M
Major	OPD	0	0	0	0	0	0	0	0	0	0
	IPD	0	0	1	1	6	3	5	5	4	5
	ER	1	2	1	1	0	0	0	0	2	4
Intermedi ate	OPD	0	0	0	0	0	0	0	0	0	0
	IPD	3	5	2	4	5	11	0	0	1	10
	ER	1	0	0	1	0	0	5	2	0	0
Minor	OPD	7	7	5	6	5	4	0	0	4	1
	IPD	0	0	0	0	0	0	3	3	0	0
	ER	0	0	0	0	0	0	0	0	0	0

Major lower limb surgeries

- HEMIARTHROPLASTY OF HIP JOINT
- DHS IT FRACTURE DHS
- FEMUR NAILING/PLATING
- FEMUR TENS NAILING
- FEMUR INTERCONDYLAR FRACTURE PLATING
- PATELLA TBW
- PROXIMAL PLATEAU FRACTURE PLATING
- TIBIA NAILING
- BIMALLEOLAR FRACTURE FIXATION WITH PLATE AND CCS
- PP WITH K-WIRE IN METATARSAL BONE FRACTURE
- ACHELLE'S TENDON REPAIR
- PROXIMAL TIBIAL PLATEAU PLATIN

Major Upper limb surgeries include

- HUMERUS BONE PLATING AND TENS NAILING
- SUPRACONDYLAR FRACTURE FIXATION WITH PLATE, CCS AND K WIRE
- BOTH BONE PLATING AND TENS NAILING
- DISTAL RADIUS VOLAR PLATING AND K WIRE FIXATION
- EXTERNAL FIXATION IN OPEN BONE FRACTURE

General Surgeries Data 2081

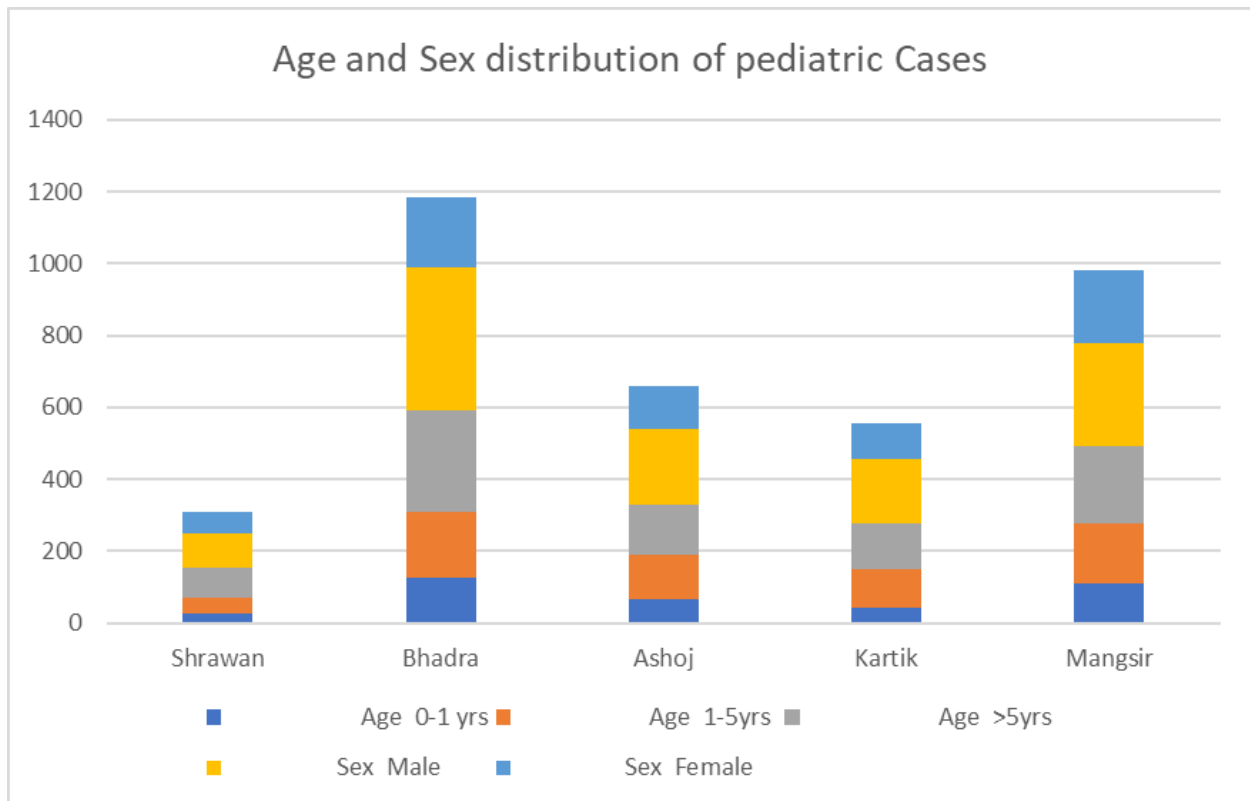
General Surgeries Data 2081											
Shrawan				Bhadra		Ashoj		Kartik		Mangsir	
		F	M	F	M	F	M	F	M	F	M
Major	OPD	0	0	0	2	0	0	0	0	0	0
	IPD	1	1	0	0	0	0	0	0	0	4
	ER	0	0	0	0	0	17	1	4	1	0
Intermediate	OPD	0	0	0	0	0	0	0	0	0	0
	IPD	1	1	1	5	0	0	0	0	2	0
	ER	0	0	0	0	9	7	0	4	0	0
Minor	OPD	10	8	8	10		7	5	8	8	4
	IPD	0	0	0	0	0	0	0	0	0	0
	ER	0	0	0	0	0	0	0	0	0	0

Most common cases include

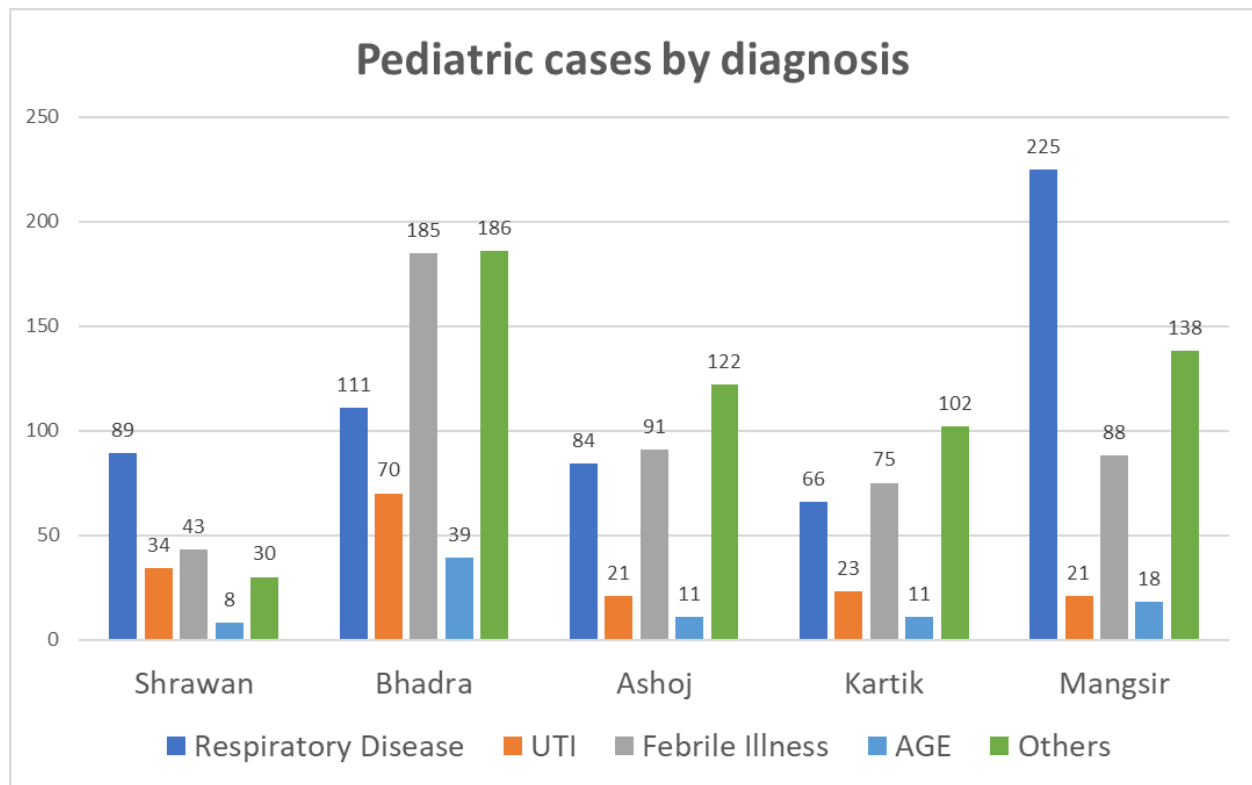
- Hernia surgeries
- Open appendectomies
- Perianal surgeries like fistulectomy , hemorrhoidectomy , sphincterotomy
- Debridements and amputations for diabetic foot, chronic ulcer and myiasis
- Breast surgeries like subcutaneous mastectomy, fibroadenoma excision , incision and drainage

Pediatric cases

Months	Age			Sex	
	0-1 yrs	1-5yrs	>5yrs	Male	Female
Shrawan	27	44	83	95	58
Bhadra	124	185	282	397	194
Ashoj	67	121	141	210	119
Kartik	44	104	129	180	97
Mangsir	109	168	213	287	203

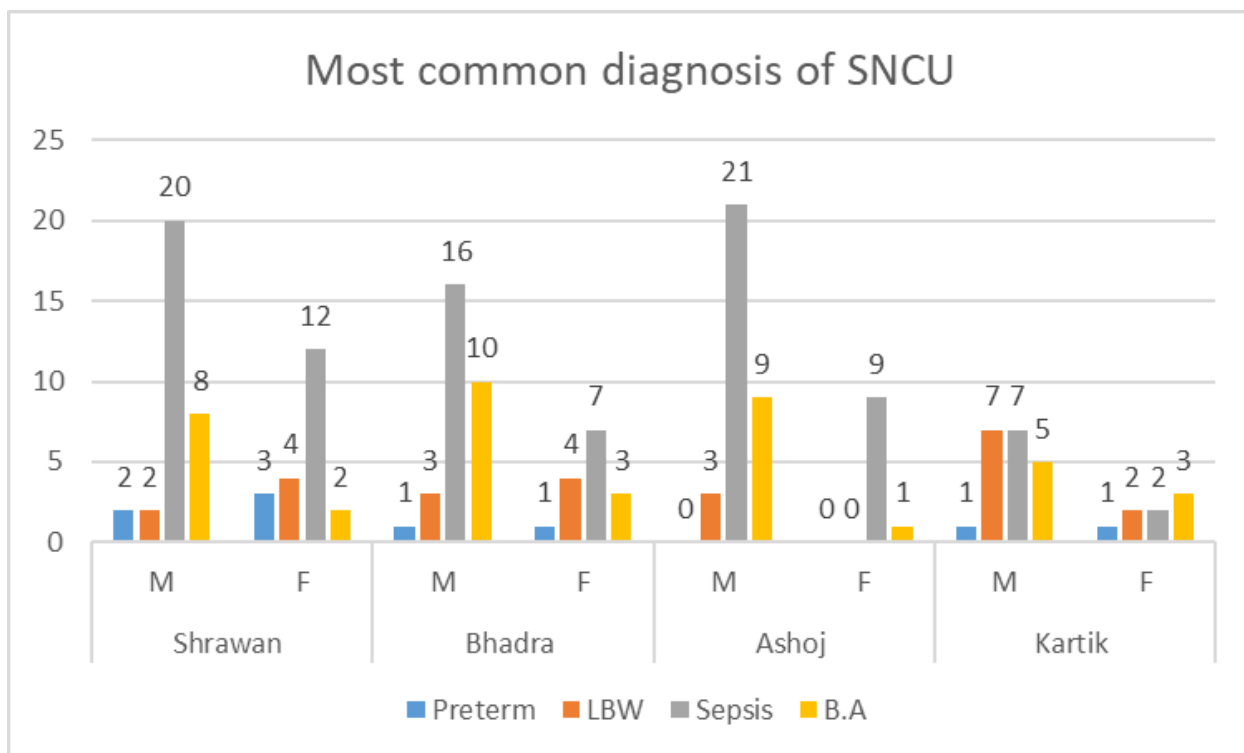


Months	Respiratory Disease	UTI	Febrile Illness	Others	AGE
Shrawan	89	34	43	30	8
Bhadra	111	70	185	186	39
Ashoj	84	21	91	122	11
Kartik	66	23	75	102	11
Mangsir	225	21	88	138	18



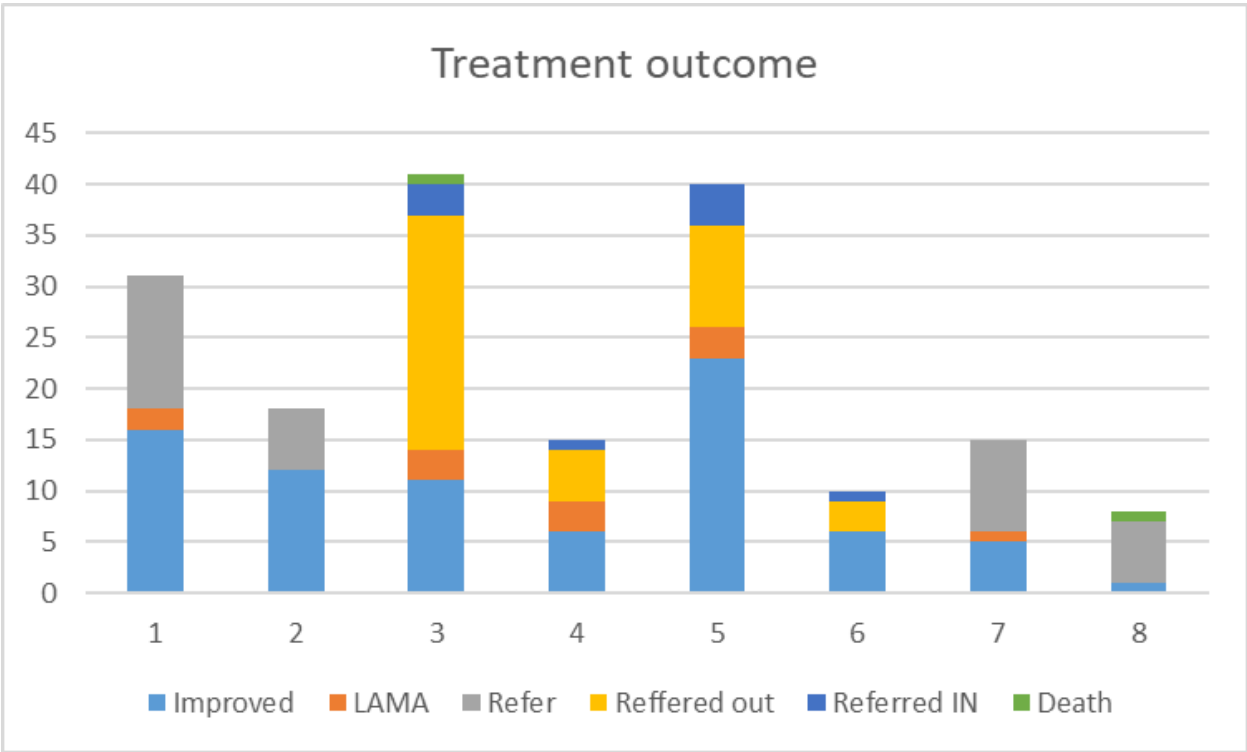
SPECIAL NEWBORN CARE UNIT

Diagnosis	Shrawan		Bhadra		Ashoj		Kartik	
	M	F	M	F	M	F	M	F
Preterm	2	3	1	1	0	0	1	1
LBW	2	4	3	4	3	0	7	2
HIE	0	0	0	0	0	0	0	0
Sepsis	20	12	16	7	21	9	7	2
Seizure	2	0	0	0	0	0	0	0
NNJ	1	2	5	1	2	0	0	0
B.A	8	2	10	3	9	1	5	3
MAS	0	0	4	4	0	0	0	0
Hypoglycemia	3	0	0	0	0	0	0	0
Hypothermia	0	0	0	0	1	0	0	0
Preterm/LBW	0	0		0	0	0	2	1
Other	0		1	0	0	0	0	0



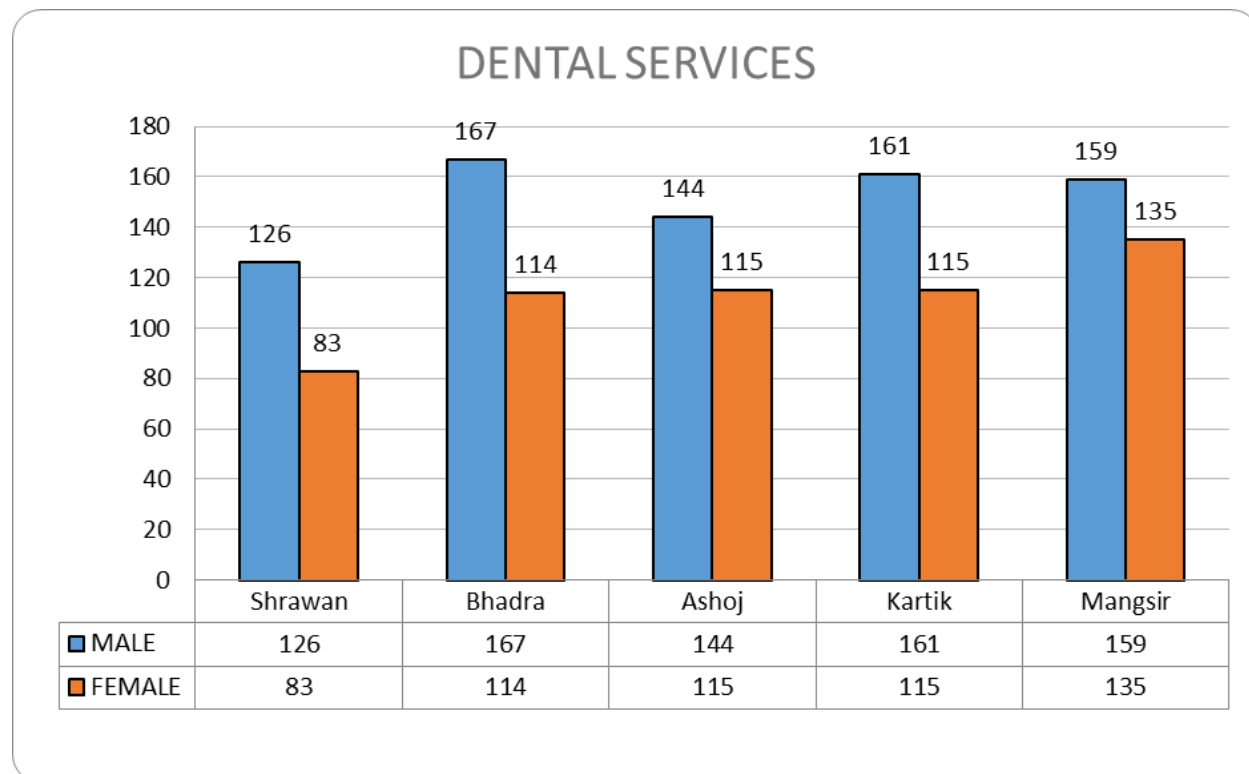
Outcome								
Improved	16	12	11	6	23	6	5	1
LAMA	2	0	3	3	3	0	1	0
Refer	13	6	0	0	0	0	9	6
Referred out	0	0	23	5	10	3	0	0
Referred IN	0	0	3	1	4	1	0	0
Death	0	0	1	0	0	0	0	1
Package -A	19	5	0	0	15	0	0	0

Package-A+B	22	13	0	0	0	32	0	0
--------------------	----	----	---	---	---	----	---	---



Dental service

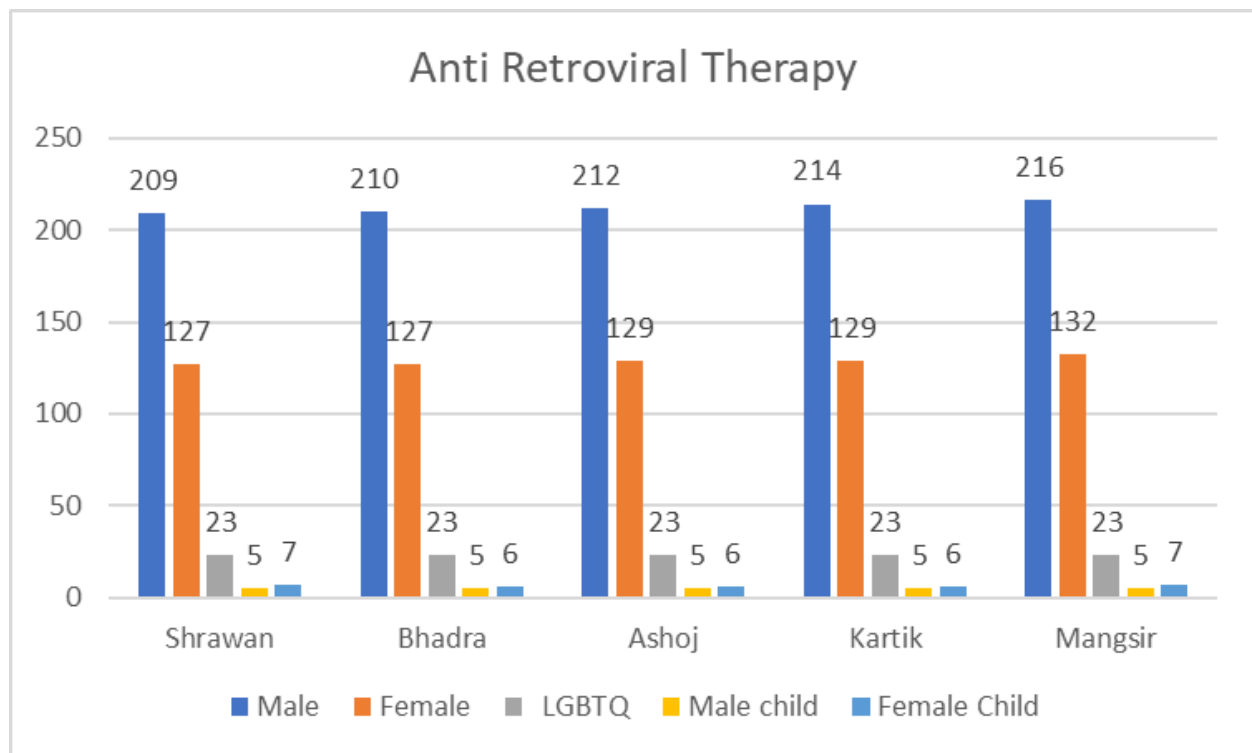
Month	Male	Female	Total
Shrawan	126	83	209
Bhadra	167	114	281
Ashoj	144	115	259
Kartik	161	115	276
Mangsir	159	135	294
Total	1187	862	2049



Most common cases and procedures include

- Extraction
- Scaling
- Restoration
- Root canal treatment
- Minor oral surgery

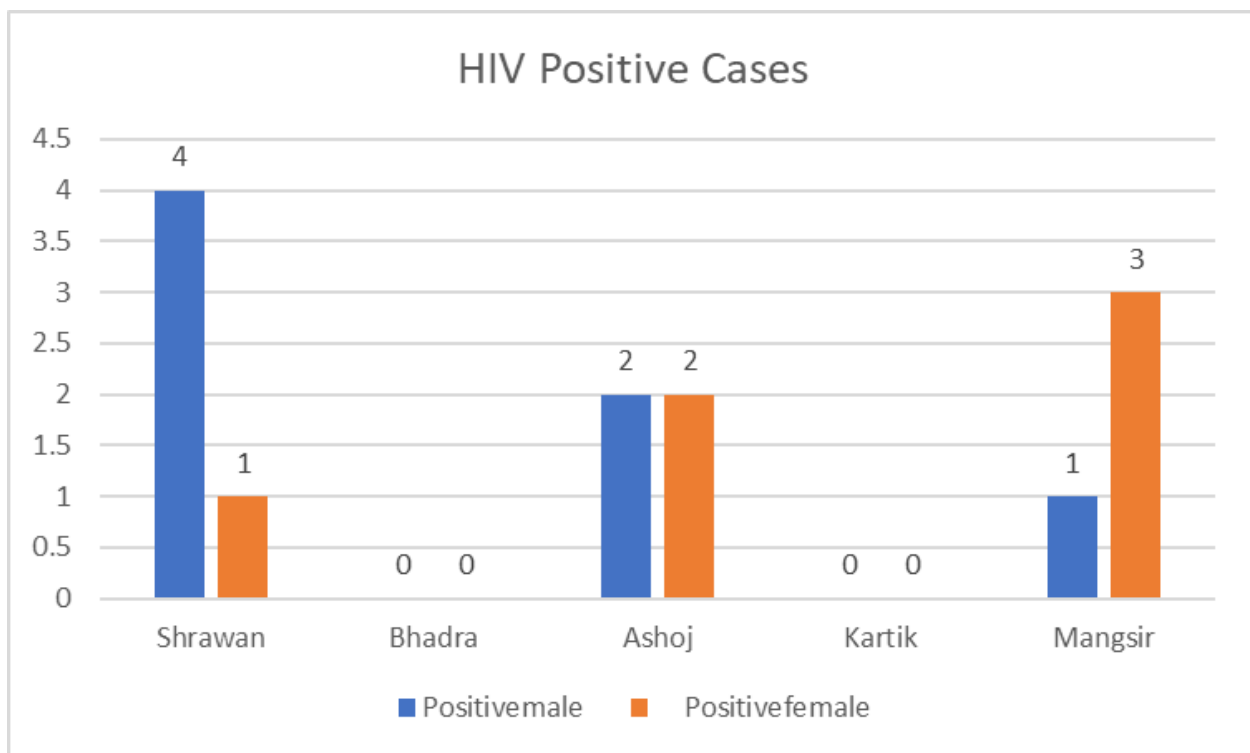
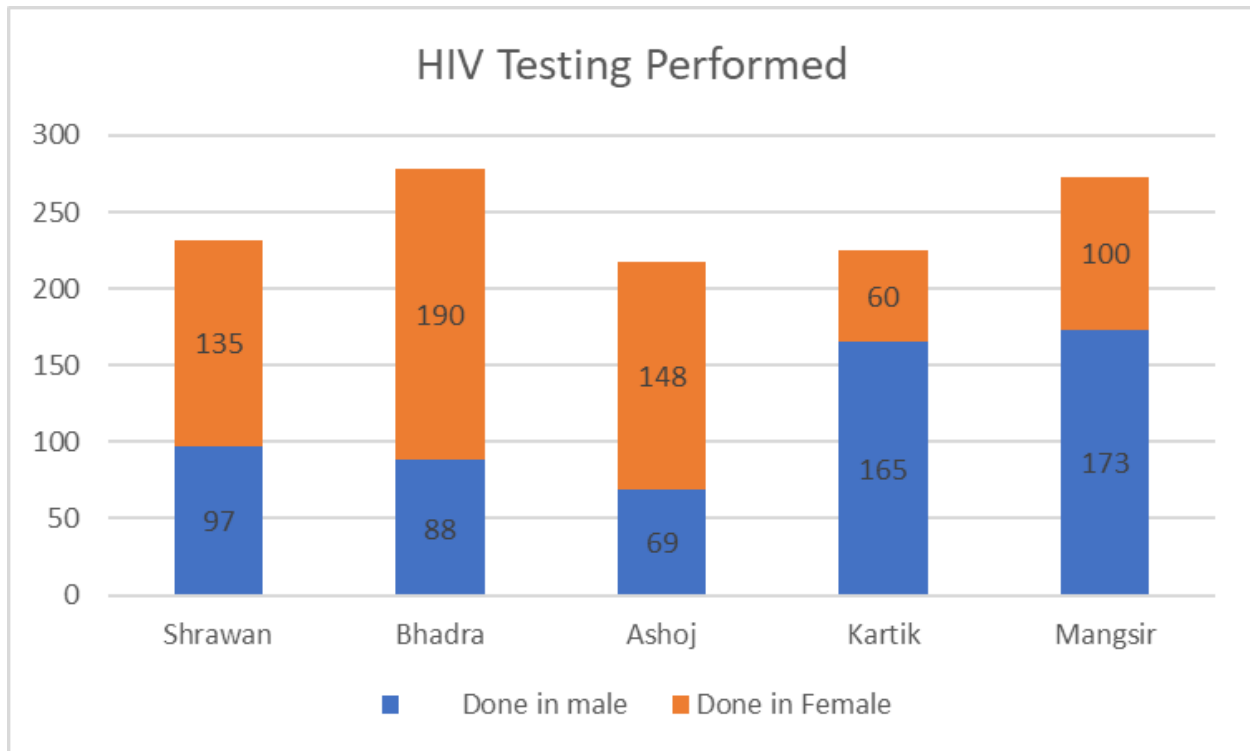
	Anti Retroviral Therapy					
Month	Male	Female	LGBTQ	Male child	Female Child	Total
Shrawan	209	127	23	5	7	371
Bhadra	210	127	23	5	6	371
Ashoj	212	129	23	5	6	375
Kartik	214	129	23	5	6	377
Mangsir	216	132	23	5	7	383



Over the past five months, the ART (Antiretroviral Therapy) services at our facility have witnessed a clear trend in the gender and age distribution of treatment seekers. The following observations have been made regarding the pattern of individuals seeking treatment:

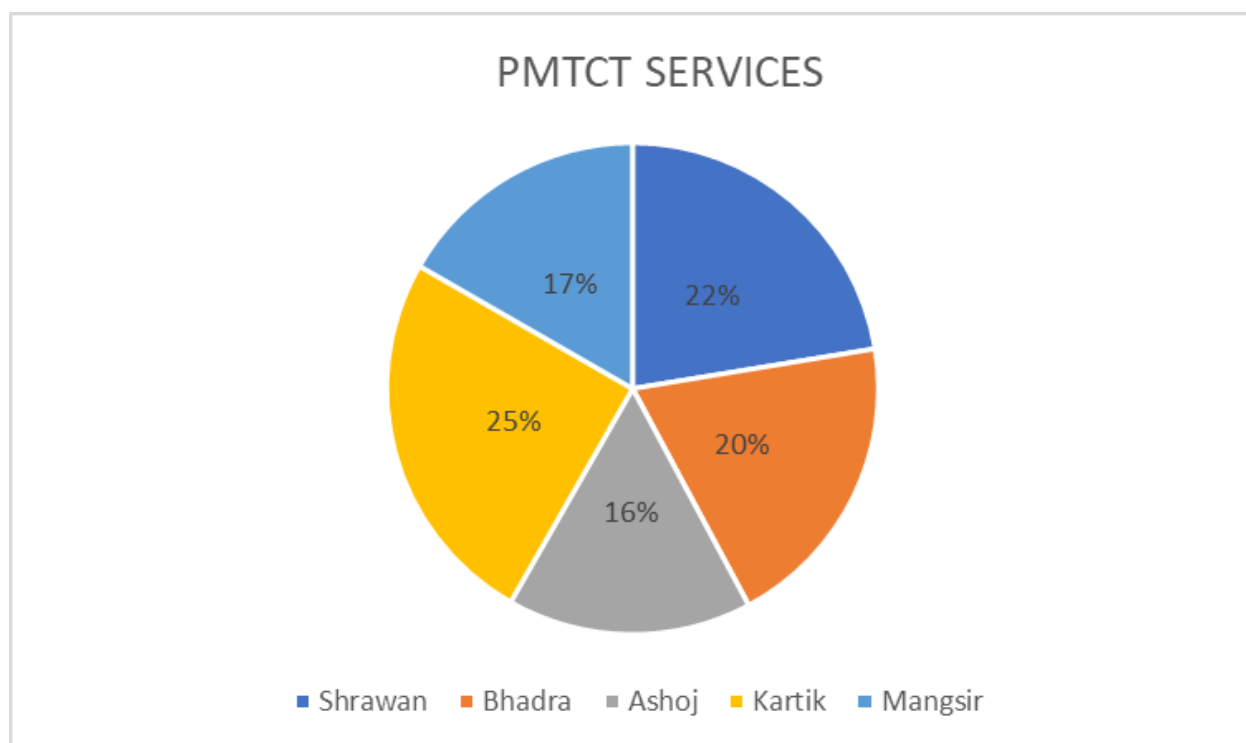
1. **Male Seekers:** The majority of treatment seekers were male. This demographic consistently outnumbered all other groups, indicating that males are more likely to seek ART services. This may reflect both a greater awareness and engagement with HIV treatment options among this group.
2. **Female Seekers:** The second-largest group of treatment seekers were females. While the number is slightly lower than that of males, females continue to represent a significant portion of individuals accessing ART services. This reflects ongoing challenges in ensuring equitable healthcare access for women in HIV care.
3. **LGBTQ Seekers:** Individuals from the LGBTQ community also sought ART services, though in relatively lower numbers compared to male and female groups. This may reflect specific barriers such as social stigma, discrimination, and limited healthcare outreach targeted at this population.
4. **Female Children:** Female children seeking ART services were fewer in number, as expected, given that pediatric cases of HIV tend to be less prevalent. However, their treatment needs remain critical, and specialized care is essential for this vulnerable group.
5. **Male Children:** Similar to female children, male children accounted for the smallest proportion of treatment seekers. The lower number of male children indicates the relative rarity of HIV transmission in this age group, though it highlights the importance of early intervention and prevention programs.

HIV Testing and Counseling				
	Done in male	Positive	Done in Female	Positive
Shrawan	97	4	135	1
Bhadra	88	0	190	0
Ashoj	69	2	148	2
Kartik	165	0	60	0
Mangsir	173	1	100	3



Prevention of mother-to-child transmission of HIV (PMTCT)

	Total	Positive
Shrawan	263	1
Bhadra	232	0
Ashoj	189	0
Kartik	294	0
Mangsir	196	1



From the months of Shrawan to Magh, our facility conducted an average of **200 PMTCT tests per month** as part of our ongoing efforts to prevent the transmission of HIV from mother to child. During this period, the testing program showed promising results, with only **2 positive cases** identified across all tests.

This low positivity rate in PMTCT testing is an encouraging sign of the effectiveness of our prevention strategies and early intervention programs. The relatively low number of positive cases reflects successful efforts in counseling, education, and medical support to reduce the risk of mother-to-child transmission of HIV.

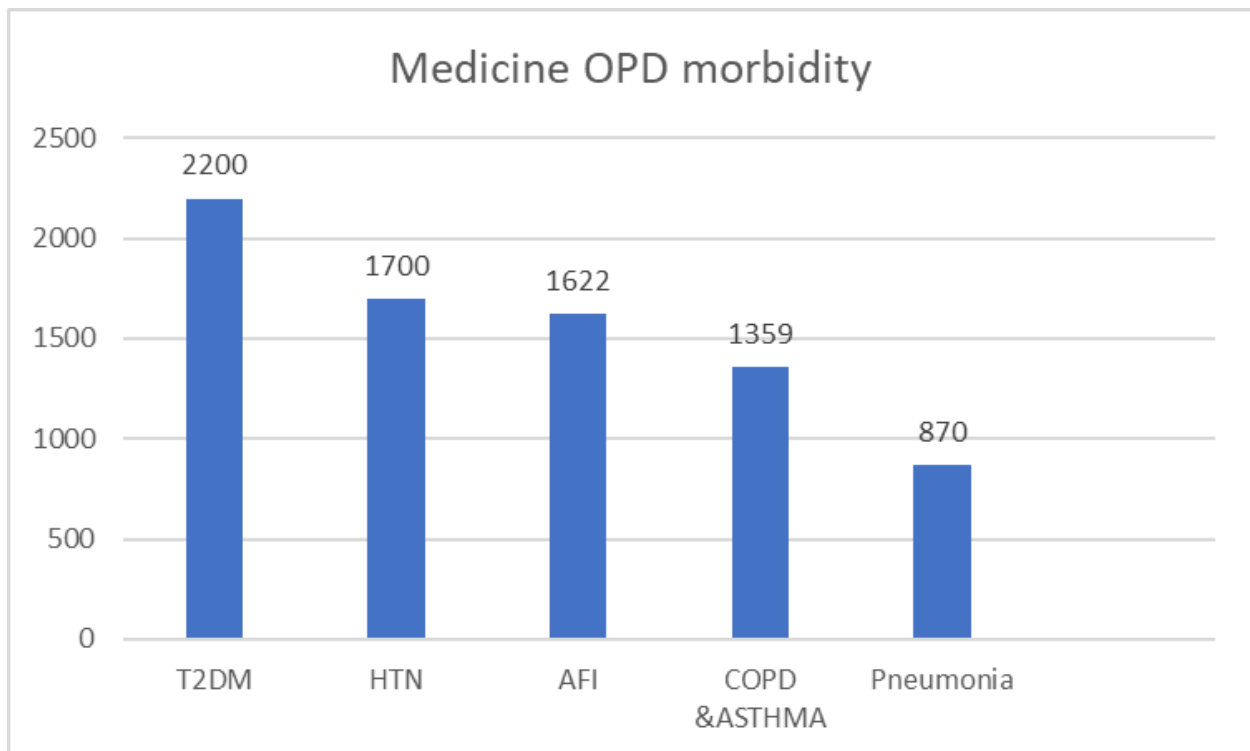
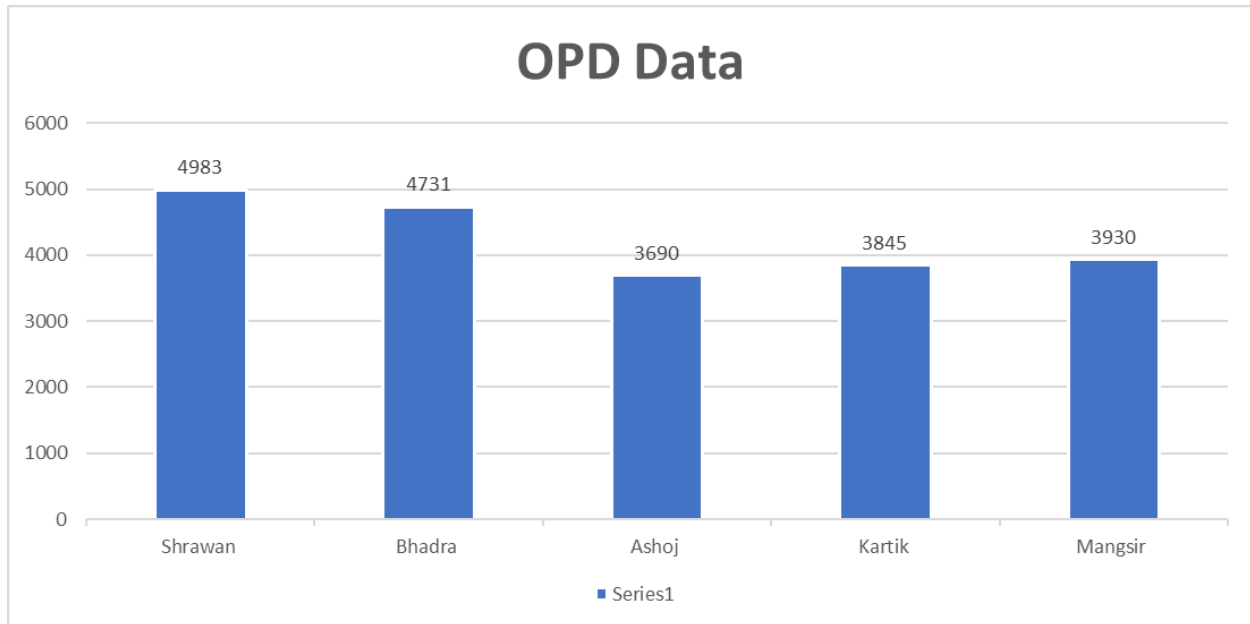
Despite the low number of positive cases, continued vigilance is required to ensure that all pregnant women and their infants are given the opportunity to receive appropriate care. Our efforts will remain focused on increasing awareness, improving access to testing, and providing timely treatment to prevent transmission.

This data also emphasizes the importance of regular testing and monitoring, which are crucial in maintaining the health of both mothers and their children, and reducing the overall burden of HIV transmission in the community.

Laboratory services					
Name of Test	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
CBC	1951	2350	1785	2328	1806
HbA1c	147	122	133	129	117
Pregnancy	138	96	75	92	104
CRP	285	432	378	350	296
Sugar	1593	1773	1850	1433	1565
RFT	688	780	732	991	817
UA	182	187	145	168	114
Lipid	189	185	153	116	144
HIV	500	510	410	519	480
HBsAg	502	515	415	482	480
VDRL	520	513	443	476	493
H.pylori	98	84	98	102	126
LFT	262	261	205	204	225
Urine	1665	1960	1350	1850	1732
Stool	82	72	75	70	67
TFT	497	468	341	380	385
PT(INR)	84	189	156	97	132

Miscellaneous data 2081

	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
OPD Cash	3246	2872	2322	2419	2376
OPD insurance	1737	1859	1368	1426	1554
Emergency Cash	1326	1324	1361	1354	1220
Emergency Insurance	26	49	37	40	54
Physiotherapy	190	180	127	112	140
USG	1153	958	786	916	848
X-ray	1304	1555	1209	1470	1221
ECG	203	180	141	194	199



Top 5 Morbidities at Lahan Hospital: First Quarter Annual Report

In the first quarter of this year, Lahan Hospital has analyzed the health trends observed in our Outpatient Department (OPD). The data collected over the past 5 months reveals the following top 5 morbidities, which provide valuable insights into the health concerns affecting our

community. These conditions reflect both chronic disease management and acute health challenges.

1. **Type 2 Diabetes Mellitus (T2DM)**

Type 2 Diabetes Mellitus remains the most prevalent condition in our OPD, with a significant number of patients seeking care for routine monitoring and management of their blood sugar levels. A notable trend has been the increasing number of younger adults diagnosed with T2DM, likely due to factors such as unhealthy dietary habits, lack of physical activity, and rising obesity rates. Managing this chronic condition through lifestyle modifications, medication, and continuous monitoring is critical to preventing complications such as cardiovascular diseases and kidney failure. The hospital remains committed to providing diabetes education and support for effective management.

2. **Hypertension (HTN)**

Hypertension continues to be the second most common morbidity in our hospital, affecting a large portion of the adult population. This condition often goes undiagnosed or untreated, contributing to the risk of strokes, heart attacks, and kidney damage. The increasing number of hypertensive patients seeking care highlights the importance of early detection and intervention. Regular blood pressure checks, patient education on lifestyle changes, and medication adherence are essential components of our hypertension management program. Preventive measures will continue to be a focus in order to reduce the long-term burden of hypertension-related complications.

3. **Acute Febrile Illness (AFI)**

Acute Febrile Illness (AFI) has been a significant cause of OPD visits, especially during the colder months and post-monsoon season. This category includes a variety of infectious diseases, such as viral fevers, malaria, and dengue, which have been prevalent in the community. While most cases of AFI are self-limiting, early diagnosis and treatment remain essential to reduce complications. In response, the hospital has emphasized timely care, supportive treatment, and increased awareness about vector control and hygiene practices to prevent the spread of these infections.

4. **Chronic Obstructive Pulmonary Disease (COPD) and Asthma**

COPD, primarily caused by long-term exposure to tobacco smoke and air pollution, has been consistently observed in our OPD, particularly among older adults and individuals with a history of smoking. COPD leads to progressive breathing difficulties and reduced lung function, and it has a significant impact on the quality of life. The hospital has seen an increasing number of patients requiring bronchodilators, corticosteroids, and other interventions to manage symptoms. Prevention through smoking cessation programs, air quality improvement initiatives, and patient education are essential to curbing the rise of COPD cases in the future.

Asthma remains a common chronic respiratory condition, especially among children and young adults. It is triggered by environmental factors such as allergens, pollution, and respiratory infections. Patients with asthma frequently visit the hospital for management of their symptoms, including wheezing, coughing, and shortness of breath.

5. Pneumonia

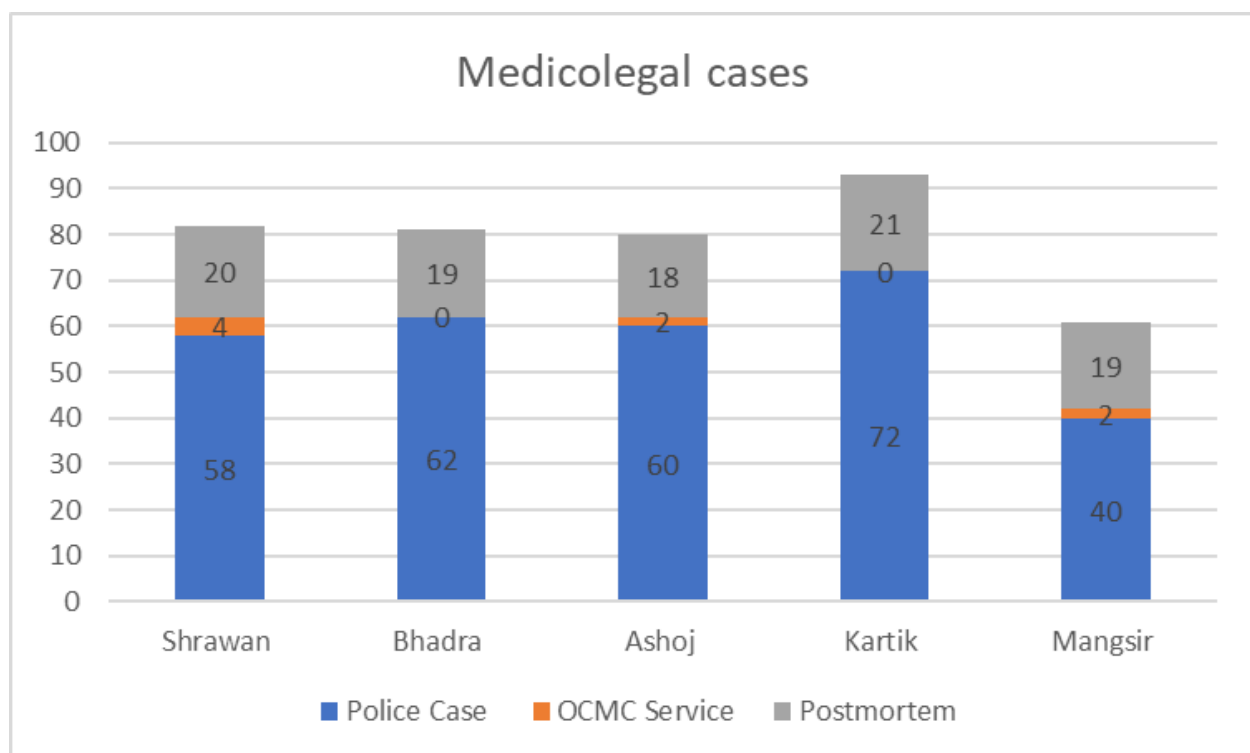
Pneumonia, an acute respiratory infection, has been a significant cause of morbidity in the first quarter. It affects individuals of all ages but is most severe in the elderly and children under five. Pneumonia is often caused by bacterial or viral infections and can lead to complications if not treated promptly. The hospital has provided comprehensive care, including antibiotic therapy, oxygen support, and monitoring. Pneumonia remains a concern, particularly in the winter months, and continues to require prompt diagnosis and intervention.

Conclusion:

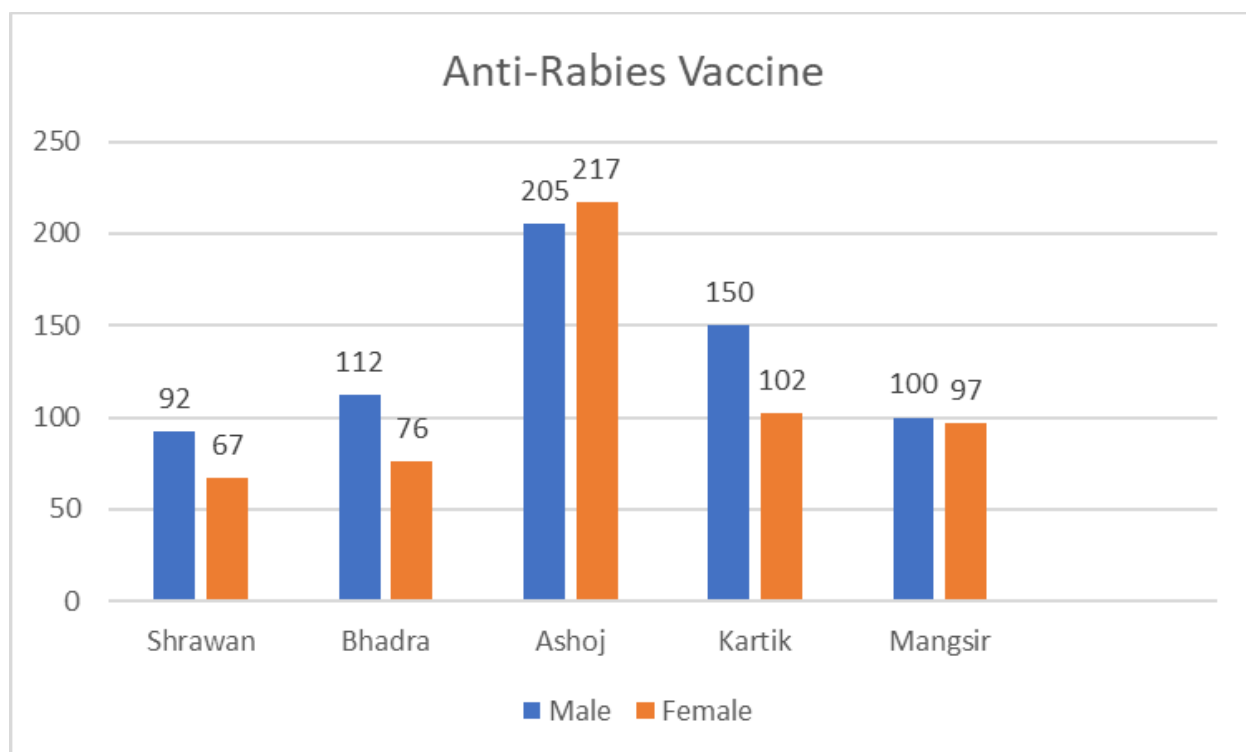
The data from the past 5 months highlights key health challenges faced by the Lahan community, including the rising prevalence of chronic conditions like Type 2 Diabetes and Hypertension, as well as seasonal infectious diseases such as Acute Febrile Illness and pneumonia. The hospital remains focused on strengthening its efforts in preventive care, early detection, and effective management of chronic and acute conditions. Public health initiatives aimed at reducing risk factors for chronic diseases, improving environmental health, and providing education on lifestyle changes will continue to be key strategies moving forward.

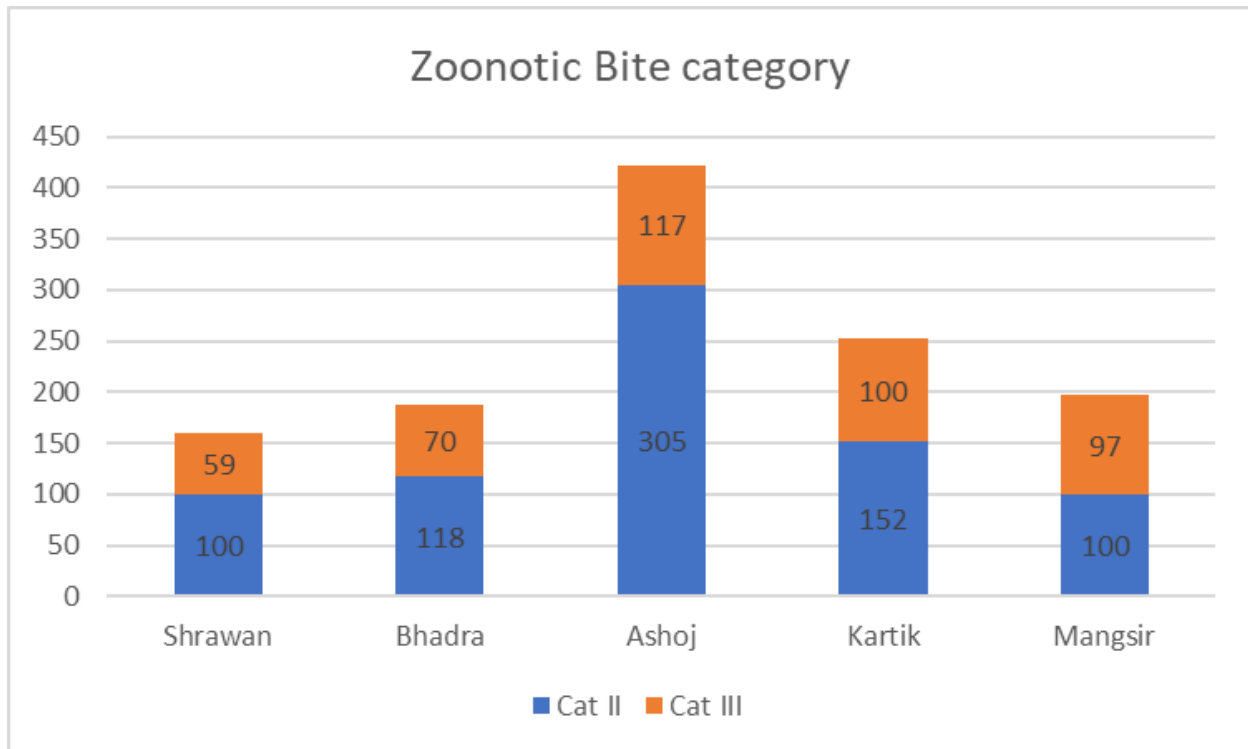
Medicolegal and OCMC services

	Shrawan	Bhadra	Ashoj	Kartik	Mangsir
Police Case	58	62	60	72	40
OCMC Service	4	0	2	0	2
Postmortem	20	19	18	21	19



Anti-Rabies Vaccine Data 2081				
Month	Male	Female	Category II	Category III
Shrawan	92	67	100	59
Bhadra	112	76	118	70
Ashoj	205	217	305	117
Kartik	150	102	152	100
Mangsir	100	97	100	97





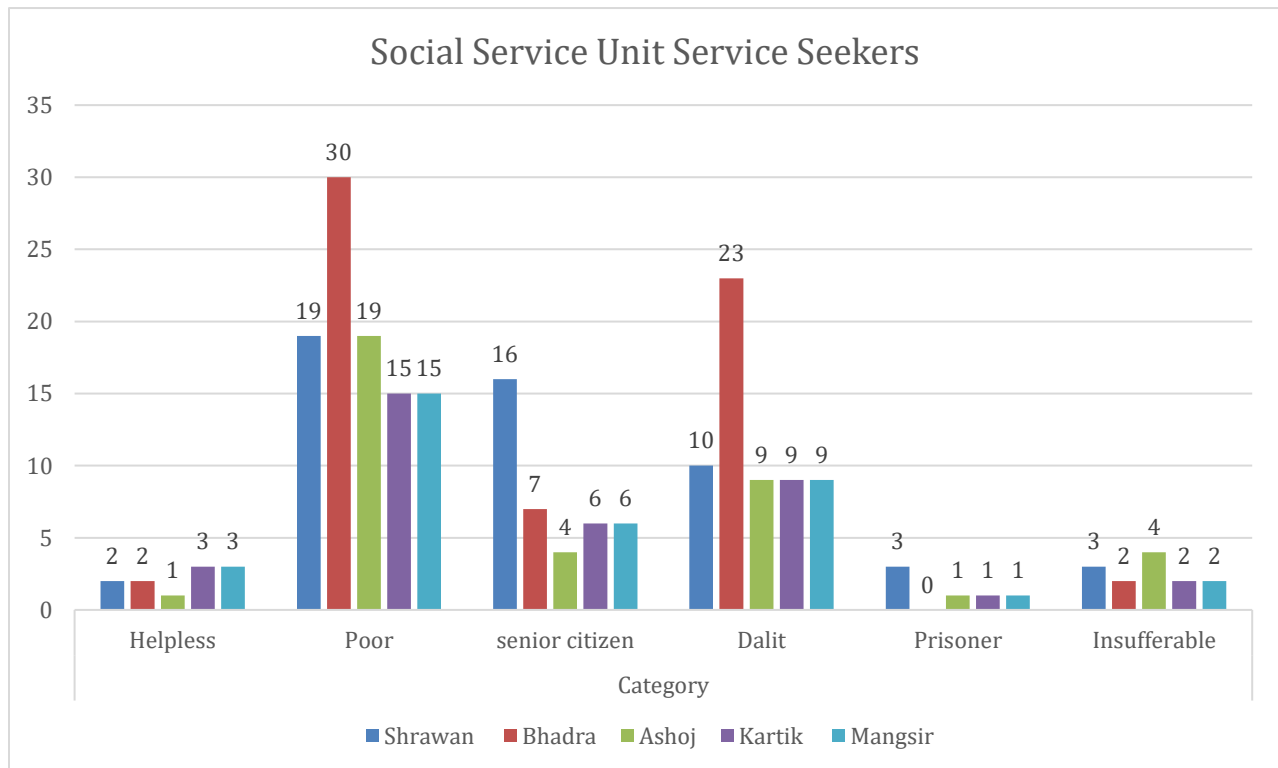
Over the past five months, our facility administered an average of **250 anti-rabies vaccinations (ARV)** per month. The majority of these cases were categorized as **Category 2 bites**, which typically involve non-penetrating bites or scratches from a potentially rabid animal, requiring post-exposure prophylaxis (PEP). Following Category 2 bites, **Category 3 bites**—which involve more severe wounds such as deep puncture wounds or bites to critical areas—were the next most frequent.

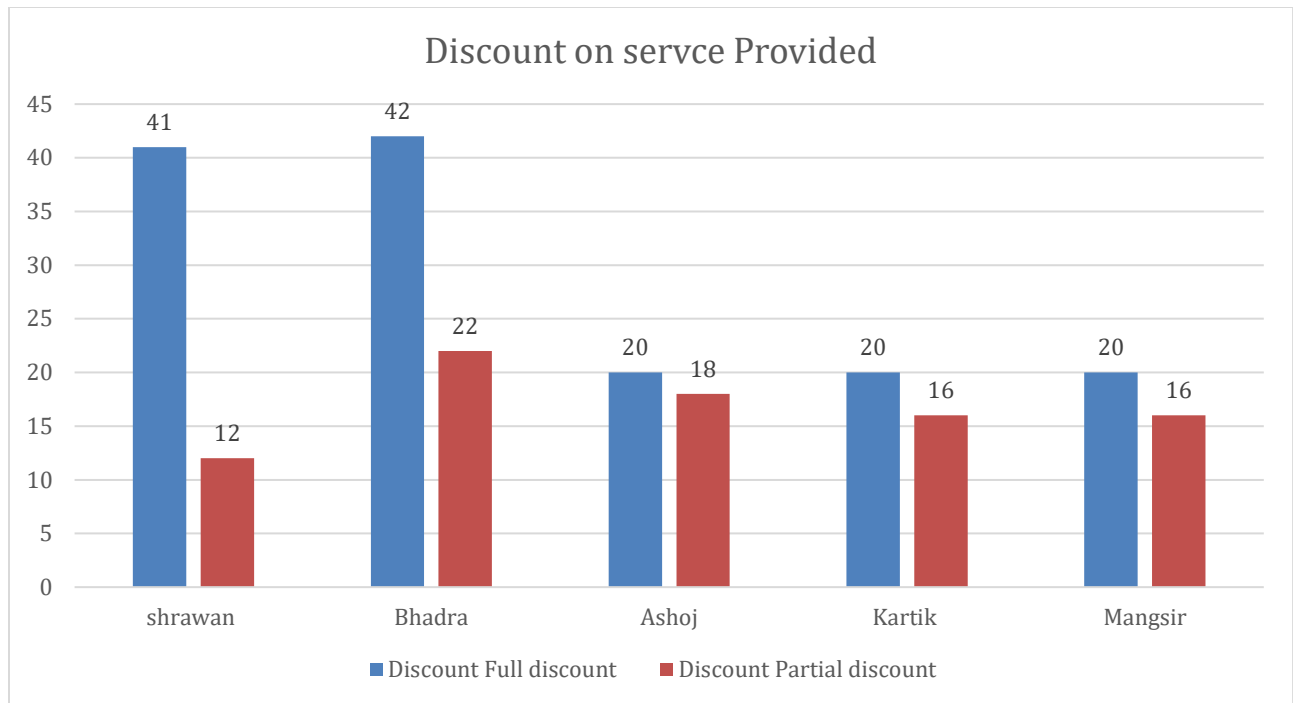
This data indicates a consistent demand for rabies vaccination, reflecting the ongoing risk of rabies exposure in our community. Timely administration of ARV for Category 2 and Category 3 bites is critical to prevent the onset of rabies, a disease that remains a significant public health concern in our region.

Our vaccination efforts are supported by community awareness campaigns aimed at educating the public on the importance of seeking immediate medical care following any animal bite, particularly from stray or potentially rabid animals. The facility’s commitment to providing timely and effective rabies post-exposure treatment has played a key role in reducing the risk of rabies transmission and improving overall public health outcomes.

SOCIAL SERVICE UNIT

Month	M	F	Category						Discount	
			Helpless	Poor	senior citizen	Dalit	Prisoner	Insufferable	100%	Partial
Shrawan	30	23	2	19	16	10	3	3	41	12
Bhadra	32	32	2	30	7	23	0	2	42	22
Ashoj	22	16	1	19	4	9	1	4	20	18
Kartik	20	16	3	15	6	9	1	2	20	16
Mangsir	20	16	3	15	6	9	1	2	20	16





Observations and Insights

1. **Bhadra is the busiest month** for the hospital in terms of total discounts and patient categories.
2. **Prisoner and insufferable cases** are relatively rare, with insufferable cases showing uniform distribution.
3. A **notable increase in senior citizen cases** is observed during Shrawan, indicating potential seasonal health challenges for the elderly.
4. **Partial discounts** are almost half of the total 100% discounts provided each month.

Recommendations

- Emphasize support programs for the elderly, as their health challenges peak in certain months.
- Evaluate resource allocation during high-demand months like Bhadra.
- Highlight the hospital's commitment to inclusive healthcare by supporting marginalized groups like Dalits and the helpless.

प्रादेशिक अस्पताल, लहान, सिरहा

कर्मचारी सम्बन्धि विवरण

कार्यरत कर्मचारीहरूको विस्तृत विवरण

सि.नं.	काज/करार/छात्रवृत्ति करार/विकास समिति/फाजिल/स्टेअर्डरमा रहेको कर्मचारीको विवरण				कर्मचारीको नाम, थर	कर्मचारी संकेत (स्थायी खुलाउने)	नं. भए
	पद	श्रेणी/तह	सेवा	समुह/ उपसमुह			

छात्रवृत्ति करार अन्तरगतका कर्मचारीहरू

सि.नं	कार्यरत कर्मचारी नाम थर	पद	श्रेणी/तह	सम्पर्क नं	दरबन्दी/काज/फाजिल/करार/छात्रवृत्ति करार/स्टे अर्डर	हाजिर भएको मिति	कैफियत
१	डा. राजेश रंजन	कन्सल्टेन्ट इन्टरनल मेडिसिन	नवौ	९८४२५८९०८३	छात्रवृत्ति करार	20-02-2080	
२	डा. प्रदिप कुमार	MDGP	नवौ	९८५२८३२२४२	छात्रवृत्ति करार	06-10-2079	
३	डा. मनोज चौधरी	क. गाइनेकोलोजिस्ट	नवौ	#####	छात्रवृत्ति करार	14-03-2080	
४	डा. आशा राम यादव	क. डेन्टल सर्जन	आठौ		छात्रवृत्ति करार	29-04-2081	
५	डा. पुजा साह	मे.अ.	आठौ	९८४३२२३९१६	छात्रवृत्ति करार	13-03-2081	
६	डा. आकाश राउत	मे.अ.	आठौ	९८६३८३४३३३	छात्रवृत्ति करार	28-09-2079	
७	डा. सुमित कुमार मण्डल	मे.अ.	आठौ	९८९९२२४३७	छात्रवृत्ति करार	04-11-2080	
८	डा. पंकज यादव	मे.अ.	आठौ		छात्रवृत्ति करार	05-05-2081	
९	जीवन कुमार गुप्ता	फार्मसी अ.	सातौ	#####	छात्रवृत्ति करार	26-08-2080	
१०	किरण कुमारी साह	नर्सिङ्ग अधिकृत	सातौ	#####	छात्रवृत्ति करार	29-06-2080	
११	मन्जु महतो	नर्सिङ्ग अधिकृत	सातौ		छात्रवृत्ति करार	06-05-2081	
१२	बिबेक महतो	ल्याब टेक्निसियन	सातौ		छात्रवृत्ति करार	02-07-2081	

समिति अन्तरगतका कर्मचारीहरू							
सि.नं	कार्यरत कर्मचारी नाम थर	पद	श्रेणी/तह	सम्पर्क नं	दरबन्दी/काज/फाजि ल/करार/छात्रवृत्ति	हाजिर भएको मिति	कैफियत
१	धिरज कुमार साह	मे.अ.	आठौं		समिति	08-08-2081	
२	पुनिता कुमारी यादव	स्टाफ नर्स	पाचौं		समिति	08-08-2081	
३	प्रतिक्षा चौधरी	स्टाफ नर्स	पाचौं		समिति	08-08-2081	
४	संगीता कुमारी सिंह	स्टाफ नर्स	पाचौं		समिति	08-08-2081	
५	अम्बिका यादव	स्टाफ नर्स	पाचौं		समिति	08-08-2081	
६	जीवन कुमार साह	फार्मसी सहायक	चौथां	९८९९९३९९८६	समिति	17-10-2074	
७	अनिल कुमार महतो	फार्मसी सहायक	चौथां	#####	समिति	09-12-2077	
८	मिथिलेश कुमार सिंह	फार्मसी सहायक	चौथां	९८९८०८२०८५	समिति	10-12-2077	
९	संतोष कुमार यादव	फार्मसी सहायक	चौथां	#####	समिति	25-12-2077	
१०	दिपेका कुमारी चौधरी	अ.न.मि	चौथां		समिति	08-08-2081	
११	विभा महतो	अ.न.मि	चौथां		समिति	08-08-2081	
१२	आशा कुमारी महतो	अ.न.मि	चौथां		समिति	08-08-2081	
१३	वर्षा मेहता	अ.न.मि	चौथां		समिति	08-08-2081	
१४	विपेश कुमार यादव	अ.न.मि	चौथां		समिति	08-08-2081	
१५	राकेश प्रसाद साह	दन्त सहायक	चौथां	#####	समिति	11-12-2077	
१६	चतुरानन्द महतो	स.ले.पाल	चौथां	९८५२८३०६००	समिति	20-12-2062	
१७	संगीता कुमारी चौधरी	स.ले.पाल	चौथां	#####	समिति	31-01-2063	
१८	जिब्छी यादव	स.ले.पाल	चौथां	९८०५९१५३०३	समिति	20-01-2063	
१९	राजाराम महतो	स.ले.पाल	चौथां	#####	समिति	26-05-2073	
२०	रामप्यारी साह	अ.न.मी	चौथां	#####	समिति	23-12-2062	
२१	ममता कुमारी चौधरी	अ.न.मी	चौथां	९८९६७७९९०९	समिति	13-11-2069	
२२	मुना दाहाल	अ.न.मी	चौथां		समिति	13-11-2069	
२३	कुन्ती राई	अ.न.मी	चौथां	#####	समिति	13-11-2069	
२४	रामसेवक महतो	अ.हे.ब.	चौथां		समिति	23-06-2076	
२५	श्री नारायण मेहता	अ.हे.ब.	चौथां		समिति	27-07-2076	
२६	रामलाल महतो	इलेक्ट्रोसियन	चौथां	#####	समिति	12-08-2073	
२७	परमेश्वर महतो	ह.स.चालक	चौथां	९८९६७०९३००	समिति	09-12-2077	
२८	प्रदिप यादव	का.स.	श्रेणी बिहेन		समिति	10-08-2069	
२९	विश्वनाथ महतो	का.स.	श्रेणी बिहेन	#####	समिति	27-12-2062	
३०	बद्री साह तेली	का.स.	श्रेणी बिहेन		समिति	22-12-2062	
३१	रबिन्द्र महतो	का.स.	श्रेणी बिहेन	#####	समिति	27-12-2062	
३२	शिव कुमार राम	का.स.	श्रेणी बिहेन	#####	समिति	13-11-2069	
३३	राधा कुमारी महतो	का.स.	श्रेणी बिहेन		समिति	15-11-2069	
३४	मोना कुमारी गुप्ता	का.स.	श्रेणी बिहेन		समिति	09-12-2077	
३५	अनेता कुमारी सिंह	का.स.	श्रेणी बिहेन		समिति	09-12-2077	
३६	शोभा कुमारी महतो	का.स.	श्रेणी बिहेन	#####	समिति	18-07-2055	
३७	कुशमी देवी महतो	का.स.	श्रेणी बिहेन		समिति		
३८	मुकेश मालिक	स्वीपर	श्रेणी बिहेन		समिति		
३९	उपेन्द्र मालिक	स्वीपर	श्रेणी बिहेन	९८९५७९५९३३	समिति	15-06-2069	
४०	उर्मिला देवी महतो	भान्स	श्रेणी बिहेन		समिति	ज्यालादारी	
४१	रामरतन पासवान	माली	श्रेणी बिहेन	९७०४९०८०२९	समिति	ज्यालादारी	
४०	उर्मिला देवी महतो	भान्स	श्रेणी बिहेन		समिति	ज्यालादारी	
४१	रामरतन पासवान	माली	श्रेणी बिहेन	९७०४९०८०२९	समिति	ज्यालादारी	
४२	फूलकुमारी उराव	स्वीपर	श्रेणी बिहेन		समिति	कम्पनी	
४३	मिरा उराव	स्वीपर	श्रेणी बिहेन	९८०५५७०५९	समिति	कम्पनी	
४४	सुनिता तामांग	स्वीपर	श्रेणी बिहेन		समिति	कम्पनी	
४५	राम महतो	स्वीपर	श्रेणी बिहेन	९८९२३९४८९८	समिति	कम्पनी	
४६	तुलाराम सदाय	स्वीपर	श्रेणी बिहेन	९७०२७२६९३२	समिति	कम्पनी	
४७	सुनिता उराव	स्वीपर	श्रेणी बिहेन		समिति	कम्पनी	
४८	सन्दिप राई	सुरक्षा गाउँ	श्रेणी बिहेन	#####	समिति	कम्पनी	
४९	दिप्रे यादव	सुरक्षा गाउँ	श्रेणी बिहेन	९८२९३२८९९४	समिति	कम्पनी	
५०	कोशिला यादव	सुरक्षा गाउँ	श्रेणी बिहेन	९८९९३५८२९५	समिति	कम्पनी	

कार्यक्रम अन्तरगतका कर्मचारीहरु							
सि.नं	कार्यरत कर्मचारी नाम थर	पद	श्रेणी/तह	सम्पर्क नं	दर्बन्दी/काज/फाजिल/करार/छात्रवृत्ति	हाजिर भएको मिति	कैफियत
१	डा. संतोष कुमार यादव	मे.अ.	आठौँ	#####	NSI	05-09-2079	
२	ललित यादव	हे.अ.	पाचौँ	९८५१२९९५५५	NSI	02-10-2077	
३	मो. अमिर अलि अंसारी	ल्या. टे.	पाचौँ	#####	NSI	01-05-2079	
४	धनमाया चौधरी	स्टाफ नर्स	पाचौँ	#####	NSI	16-07-2079	
५	प्रसंशा चौधरी	BMET	पाचौँ	९८१७२१०८९७	NSI	02-04-2080	
६	हरेराम कुमार महतो	ART COUNCELOR	पाचौँ	#####	AIDS तथा योन रोग कार्यक्रम अन्तरगत	23-08-2076	
७	धनोज कुमार गुप्ता	अ.व्यस्थापक अधिकृत	सातौँ	#####	उपचारात्मक सेवा कार्यक्रम (संघ शसर्त अनुदान)	02-02-2080	
८	डा. कुशुम यादव	क. गानाकोलोगिष्ट	नवौँ	#####	आमा सुरक्षा कार्यक्रम अन्तरगत	01-02-2080	
९	शवनम ठाकुर	स्टाफ नर्स	पाचौँ	#####	आमा सुरक्षा कार्यक्रम अन्तरगत	03-02-2080	
१०	नविन कुमार ठाकुर	एनेस्थेसिया सहायक	पाचौँ	#####	आमा सुरक्षा कार्यक्रम अन्तरगत	31-02-2080	
११	निर्मला साह	स्टाफ नर्स	पाचौँ	९८२९७२५३१४	आमा सुरक्षा कार्यक्रम अन्तरगत	09-12-2077	
१२	कृष्ण देव महतो	ल्या. अ.	चौथो	९८१४७५३८०९	आमा सुरक्षा कार्यक्रम अन्तरगत	26-05-2073	
१३	पुनम कामैत	अ.न.मी	चौथो	#####	आमा सुरक्षा कार्यक्रम अन्तरगत	26-05-2073	
१४	जुगल मलिक डोम	स्वीपर	श्रेणी बिहिन	#####	आमा सुरक्षा कार्यक्रम अन्तरगत	11-02-2078	
१५	बबिता कुमारी साह	स्टाफ नर्स	पाचौँ		MSS कार्यक्रम अन्तरगत	16-02-2080	
१६	नितु कुमारी चौधरी	रेडियो ग्राफर	पाचौँ		MSS कार्यक्रम अन्तरगत	16-02-2080	
१७	रामईश्वर राय यादव	अ.हे.व.	चौथो	९८०९१९०८१७	SSU कार्यक्रम अन्तरगत	16-02-2080	
१८	सिता कुमारी राम	अ.न.मि.	चौथो		SSU कार्यक्रम अन्तरगत	16-02-2080	

प्रदेश करार अन्तरगतका कर्मचारीहरु

सि.नं	कार्यरत कर्मचारी नाम थर	पद	श्रेणी/तह	सम्पर्क नं	दरबन्दी/काज/फाजिल/करार/छात्रवृत्ति	हाजिर भएको मिति	कैफियत
१	डा. शैलेन्द्र साह	क. सर्जन	नवौ	#####	अस्थाई प्रदेश करार	18-02-2080	
२	डा. विनोद कुमार सिंह	क.अर्थोपेडिक सर्जन	नवौ	#####	अस्थाई प्रदेश करार	17-02-2080	
३	डा. बिनिता गुप्ता	डेन्टल सर्जन	नवौ	#####	अस्थाई प्रदेश करार	18-11-2080	
४	डा. अज्जन मण्डल	मे.अ.	आठौ	#####	अस्थाई प्रदेश करार	17-02-2080	
५	डा.मकेश कुमार यादव	मे.अ.	आठौ	#####	अस्थाई प्रदेश करार	16-02-2080	
६	अरुण कुमार साह	फिजियोथेरापिष्ट	सातौ	#####	अस्थाई प्रदेश करार	17-02-2080	
७	राजाराम यादव	मे.ल्या. टे.	सातौ	#####	अस्थाई प्रदेश करार	16-02-2080	
८	प्रतिभा साह	नर्स. अधिकृत	सातौ	९८४२९९७०९३	अस्थाई प्रदेश करार	16-02-2080	
९	निशा मेहता	स्टाफ नर्स	पाचौ	#####	अस्थाई प्रदेश करार	14-02-2080	
१०	सन्तोषी चौधरी	स्टाफ नर्स	पाचौ		अस्थाई प्रदेश करार	16-02-2080	
११	शरधा कुमारी मुखिया	अ.न.मी	चौथो		अस्थाई प्रदेश करार	16-02-2080	
१२	सचिता यादव	अ.न.मी	चौथो	#####	अस्थाई प्रदेश करार	16-02-2080	
१३	आरती कुमारी यादव	अ.न.मी	चौथो		अस्थाई प्रदेश करार	16-02-2080	
१४	पुनम कुमारी यादव	अ.न.मी		९८१६३१०३१२	अस्थाई प्रदेश करार	07-03-2078	
१५	मिथिलेश सिंह	हे.अ.	पाचौ	९८४९६०१०३४	अस्थाई प्रदेश करार	16-02-2080	
१६	सरुण कुमार यादव	हे.अ.	पाचौ	#####	अस्थाई प्रदेश करार	17-02-2080	
१७	दुर्गानन्द महतो	हे.अ.	पाचौ	९८१९७२२८३८	अस्थाई प्रदेश करार	16-02-2080	
१८	पिंकी चौधरी	हे.अ.	पाचौ		अस्थाई प्रदेश करार	16-02-2080	
१९	रुबी कुमारी यादव	डेन्टल हाइजेनिष्ट	पाचौ	9826861889	अस्थाई प्रदेश करार	18-11-2080	
२०	पुष्पा खनाल बनेता	फार्मसी सहायक	पाचौ	9860305591	अस्थाई प्रदेश करार	18-11-2080	
२१	संजय कुमार यादव	एनेस्थेसिया सहायक	पाचौ	#####	अस्थाई प्रदेश करार	17-02-2080	
२२	जुली कुमारी मण्डल	कम्. अप.	पाचौ	९८१४७१२११५	अस्थाई प्रदेश करार	17-02-2080	
२३	रमेश महतो	स.कम्. अ	चौथो	#####	अस्थाई प्रदेश करार	16-02-2080	
२४	जीवन जयन्ति(नायक)	डायलासिस अ.	चौथो	#####	अस्थाई प्रदेश करार	16-02-2080	
२५	कासिन्द्र यादव	ल्या. टे.	चौथो	#####	अस्थाई प्रदेश करार	16-02-2080	
२६	वसन्त महतो	ल्या. टे.	चौथो	#####	अस्थाई प्रदेश करार	16-02-2080	
२७	कविता कुमारी साह	ल्या. अ	चौथो	९८२६७००९००	अस्थाई प्रदेश करार	16-02-2080	
२८	शोभा कुमारी साह	ल्या. अ	चौथो	९८०१५२७९२६	अस्थाई प्रदेश करार	16-02-2080	
२९	रामबाबु मेस्तर	स्वीपर	श्रेणी बिहेन	९८१३४४१६९०	अस्थाई प्रदेश करार	16-02-2080	
३०	निरञ्जन रजक	धोबी	श्रेणी बिहेन	९८०२११९८१५	अस्थाई प्रदेश करार	18-02-2080	
३१	विजय कुमार महतो	ह.स.चालक	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३२	चन्द्रेश्वर महतो	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३३	प्रमोद कुमार मण्डल	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३४	दुर्गानन्द चौधरी	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३५	प्रमोद कुमार यादव	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३६	सविता कुमारी यादव	कार्यालय सहयोगी	श्रेणी बिहेन	९८२१७६०२३८	अस्थाई प्रदेश करार	18-11-2080	
३७	सचितानन्द यादव	कार्यालय सहयोगी	श्रेणी बिहेन	९८१०७०६२२९	अस्थाई प्रदेश करार	18-11-2080	
३८	विमलकिशोर यादव	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
३९	नाबिन कुमार मण्डल	कार्यालय सहयोगी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
४०	बिनोद डोम	का. स. /सरसफाईकर्मी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
४१	मन्जु कुमारी मोची	का. स. /सरसफाईकर्मी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
४२	सेलो कुमारी महतो	का. स. /सरसफाईकर्मी	श्रेणी बिहेन	९८१९७६६३२३	अस्थाई प्रदेश करार	18-11-2080	
४३	ममता मेस्तर	का. स. /सरसफाईकर्मी	श्रेणी बिहेन	#####	अस्थाई प्रदेश करार	18-11-2080	
४४	प्रिती कुमारी	का. स. /सरसफाईकर्मी	श्रेणी बिहेन	९८०४७९८०१६	अस्थाई प्रदेश करार	18-11-2080	

Our key events

1. Immunization program



We express our heartfelt gratitude to the respected Mayor for providing 65 blankets to this hospital on behalf of the Sangeeta Foundation.



"For the first time, two successful hip replacements (Hip Replacement Arthroplasty) have been performed through the dedicated efforts of orthopedic surgeon Dr. Binod Singh, anesthesiologist Dr. Sagar Chaudhary, the anesthesia team, and the nursing team."



The 'Three-Month Outstanding Employee Award' has been presented to Dr. Rajesh Ranjan Jha (MD Internal Medicine, BPKIHS Dharan) based on the evaluation by the hospital administration and various department heads."



Disaster Mock drill by Emergency Department





Hemodialysis service



